

### SONOMA COUNTY

575 ADMINISTRATION DRIVE, ROOM 102A SANTA ROSA, CA 95403

# Legislation Details (With Text)

File #: 2023-0430

Type: Gold Resolution Presented Status: Passed

Off-Site

File created: 3/24/2023 In control: Human Services

On agenda: 5/9/2023 Final action: 5/9/2023

Title: Adopt a Gold Resolution declaring May 2023 as Older Americans Month. (Countywide)

**Sponsors:** Human Services

Indexes:

Attachments: 1. Summary Report, 2. Gold Resolution - Older Americans Month

Date	Ver.	Action By	Action	Result
5/9/2023	1	Board of Supervisors	Approved as recommended	Pass

**To:** Board of Supervisors

**Department or Agency Name(s):** Human Services

Staff Name and Phone Number: Paul Dunaway (707) 565-3673, Gary Fontenot (707) 565-5931

Vote Requirement: Majority

Supervisorial District(s): Countywide

#### **Recommended Action:**

Adopt a Gold Resolution declaring May 2023 as Older Americans Month. (Countywide)

#### **Executive Summary:**

Adopt a Gold Resolution declaring May 2023 as Older Americans Month. (Countywide)

#### **Discussion:**

Established in 1963, this is the 60<sup>th</sup> anniversary of Older Americans Month. Each May, the Administration for Community Living (ACL), a division of the U.S. Department of Health and Human Services, leads the nation's observance of Older Americans Month. Older Americans Month is a time to acknowledge the contributions and achievements of older adults in Sonoma County.

Older adults play vital, positive roles in our communities - as family members, friends, mentors, volunteers, civic leaders, members of the workforce and more. Just as every person is unique, so too is how they age and how they choose to do it - and there is no "right" way. This flexible thinking about aging benefits our county as older adults remain engaged, independent, and included.

The 2023 theme is Aging Unbound. This theme offers an opportunity to explore a wide range of aging experiences and to promote the importance of enjoying independence and fulfillment by paving our own paths as we age.

Here are some ways to participate in Aging Unbound:

• <u>Embrace the opportunity to change</u>: Go on an adventure and push boundaries by not letting age define your limits.

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- Explore the rewards of growing older: Continue to grow through reading, listening, attending classes, and participating in creative activities.
- <u>Stay engaged in your community</u>: Stay active by volunteering, working, mentoring, participating in social clubs, and taking part in activities at your local senior center or elsewhere.
- <u>Form relationships</u>: Invest time with people to discover deeper connections with family, friends, and community members.

The Sonoma County Aging and Disability Resource Hub (ADRH) is available to the community to help find services and resources. Older adults, people with disabilities and caregivers can access the ADRH by calling (707) 565-INFO (4636) or visiting the website, www.socoadrh.org.

Sonoma County is committed to honoring older adults and celebrating the contributions made by older people in our communities. To demonstrate this commitment, the Board of Supervisors annually proclaims May as Older Americans Month in Sonoma County.

#### **Prior Board Actions:**

Every year since May 2012, the Sonoma County Board of Supervisors has proclaimed May as Older Americans Month in Sonoma County:

April 19, 2022

April 20, 2021

April 28, 2020

April 30, 2019

May 8, 2018

May 16, 2017

May 24, 2016

May 14, 2015

May 20, 2014

May 14, 2013

May 15, 2012

#### **FISCAL SUMMARY**

Expenditures	FY 22-23	FY 23-24	FY 24-25
	Adopted	Projected	Projected
Budgeted Expenses			
Additional Appropriation Requested			
Total Expenditures	0	0	0
Funding Sources			
General Fund/WA GF			
State/Federal			
Fees/Other			
Use of Fund Balance			
Contingencies			
Total Sources	0	0	0

#### **Narrative Explanation of Fiscal Impacts:**

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### None

Staffing Impacts:							
Position Title (Payroll Classification)	, ,		Deletions (Number)				

# Narrative Explanation of Staffing Impacts (If Required):

None

**Attachments:** 

Gold Resolution: Older Americans Month

## Related Items "On File" with the Clerk of the Board:

None