

## SONOMA COUNTY

575 ADMINISTRATION DRIVE, ROOM 102A SANTA ROSA, CA 95403

# Legislation Details (With Text)

File #: 2021-0065

Type: Consent Calendar Item Status: Agenda Ready

File created: 1/25/2021 In control: Health Services

On agenda: 3/16/2021 Final action:

Title: Mental Health Board Update (FY 19-20 Report)

**Sponsors:** Health Services

Indexes:

**Attachments:** 1. Summary Report, 2. Attachment 1 - Annual Report 2019-2020, 3. Attachment 2 - Sonoma County:

Data Notebook 2019, 4. Attachment 3 - Jail Mental Health Services in Sonoma County, 5. Attachment

4 - Overview Report - The 2019 Data Notebook Project

Date Ver. Action By Action Result

To: Board of Supervisors of Sonoma County

**Department or Agency Name(s):** Department of Health Services

Staff Name and Phone Number: Bill Carter, 565-5157

Vote Requirement: Majority

Supervisorial District(s): Countywide

Title:

Mental Health Board Update (FY 19-20 Report)

#### **Recommended Action:**

Accept submission of the 2019-2020 Mental Health Board Annual Report and Data Notebook.

#### **Executive Summary:**

The Mental Health Board (MHB) is required to submit an annual report each year. This item finalizes the submission of the Annual Report for 2019-2020.

Additionally, each year, the California Behavioral Health Planning Council requests that each county MHB respond to its request for the completion of a Data Notebook, highlighting a particular area of focus. The MHB works with the Department of Health Services to collect and report annually as well. The MHB is pleased to submit to the Board of Supervisors the 2019 Data Notebook, with a focus on Trauma Informed Care Principles Across the Lifespan.

The Mental Health Board recently appointed an ad hoc committee to explore increased communication with the Sonoma County Sheriff's Office as they no longer contract with the Department of Health Services for mental health services at County detention facilities. The Sheriff's Office is in many ways the largest provider of mental health services in Sonoma County. The committee has written a report on mental health related activities of the Sheriff's Office.

The 2019-2020 Sonoma County Mental Health Board Annual Report, 2019 Data Notebook, and the Jail Mental Health Services in Sonoma County brief are provided as attachments to this item.

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#### **Discussion:**

The 2019-2020 Sonoma County Mental Health Board Annual Report - In summary, the 2019-2020 Annual Report highlights the following:

- The county staff continues to be stretched thinly as a result of the reorganization due to the financial issues from 2018-2019.
- That same staff was called on again to respond to the Kincaid fire. Unfortunately, they had experience in this area. The fire response stretched the staff even more.
- The Joe Rodota Trail Homeless encampment was the second disaster to require Behavioral Health staff
  response. Attendance at the Wellness and Advocacy Center (which existed because of county support,
  thank you) swelled. Many of the homeless along the trail found support at the center which they had
  not been aware of before.
- In March, the COVID-19 shutdown again required disaster response. Behavioral Health staff again responded. Since the Behavioral Health Director and upper level staff were involved in response, the department was again left with thinly stretched staff.
- Although the Black Lives Matter movement did not affect our county in the same way it had affected other areas, it did prompt a self-examination of how we operate as a county.
- Our recovery from these disasters reminds us of the Recovery concept in mental health. Recovery from these disasters brings us back to a new normal. We will never be exactly the same because the event has changed us, but we are functional.

Data Notebook: Trauma Informed Care

The Mental Health Board data notebook reflects that the Mental Health Board is responding primarily
using the principals of Trauma Informed Care. The report addresses adults, older adults, and youth and
children with a focus on foster care. The "Sonoma County: Data Notebook 2019 for California
Behavioral Health Boards and Commissions" and the "Overview Report: The 2019 Data Notebook
Project on California Behavioral Health" are attached.

Jail Ad Hoc Committee report

A copy of the report on the activity and findings of the Jail ad hoc committee is attached.

#### **Prior Board Actions:**

On January 26, 2021 the Board accepted submission of the 2018-2019 Mental Health Board Annual Report and Data Notebook.

#### **FISCAL SUMMARY**

Expenditures	_		FY 22-23 Projected
Budgeted Expenses			
Additional Appropriation Requested			
Total Expenditures	0	0	0
Funding Sources			
General Fund/WA GF			
State/Federal			

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Total Sources	0	0	0
Contingencies			
Use of Fund Balance			
Fees/Other			

## **Narrative Explanation of Fiscal Impacts:**

There are no fiscal impacts associated with this item.

Staffing Impacts:					
Position Title (Payroll Classification)	Monthly Salary Range (A-I Step)	Additions (Number)	Deletions (Number)		

## Narrative Explanation of Staffing Impacts (If Required):

N/A

#### **Attachments:**

Attachment 1 - Annual Report 2019-2020

Attachment 2 - Sonoma County: Data Notebook 2019

Attachment 3 - Jail Mental Health Services in Sonoma County

Attachment 4 - Overview Report: The 2019 Data Notebook Project

### Related Items "On File" with the Clerk of the Board:

None