

SONOMA COUNTY

575 ADMINISTRATION DRIVE, ROOM 102A SANTA ROSA, CA 95403

Legislation Details (With Text)

File #: 2019-0613

Type: Gold Resolution Presented at Status: Agenda Ready

the Board

File created: 4/22/2019 In control: Health Services

On agenda: 5/21/2019 Final action:

Title: Mental Health Matters Month 2019

Sponsors: Health Services

Indexes:

Attachments: 1. Summary Report, 2. Resolution

Date	Ver.	Action By	Action	Result
5/21/2019	1	Board of Supervisors	Approved as recommended	Pass

To: Board of Supervisors of Sonoma County

Department or Agency Name(s): Department of Health Services **Staff Name and Phone Number:** Barbie Robinson, 565-7876

Vote Requirement: Majority

Supervisorial District(s): Countywide

Title:

Mental Health Matters Month 2019

Recommended Actions:

Adopt a resolution proclaiming May 2019 as Mental Health Matters Month in Sonoma County.

Executive Summary:

The Department of Health Services requests that the Board adopt a resolution proclaiming May 2019 as Mental Health Matters Month in Sonoma County. Since 1949, activities associated with National Mental Health Matters Month have increased the public's awareness of mental health issues. Mental health associations, families, clients, and advocacy groups across the County participate in Mental Health Matters Month activities each year.

Discussion:

In Sonoma County approximately seven percent of the population lives with a serious mental illness. Each year 20 percent of Sonoma County residents will experience a mental health issue that impacts their ability to function effectively in some area of their life. Through increased outreach efforts and other opportunities during Mental Health Matters Month, Department staff, contract providers, Sonoma County Mental Health Board members, and National Alliance on Mental Illness staff will emphasize the importance and effectiveness of increasing awareness of mental health services and decreasing stigma; promoting peer employment, empowerment, and self-help; integrated mental health and substance use service delivery; and similar principles of recovery in community mental health.

In recognition of Mental Health Matters Month, several events are being held throughout the County. Information for these events is available on the Department's website (http://sonomacounty.ca.gov/Health-

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Services/).				
Prior Board Actions: The Board annually reco	gnizes May as Mer	ntal Health Month	in Sonoma County	'.
Expenditures		FY 18-19 Adopted	FY 19-20 Projected	FY 20-21 Projected
Budgeted Expenses				
Additional Appropriatio	n Requested			
Total Expenditures		0	0	0
Funding Sources				
General Fund/WA GF				
State/Federal				
Fees/Other				
Use of Fund Balance				
Contingencies				
Total Sources		0	0	0
Narrative Explanation o There are no fiscal impa	-	this item.		
Staffing Impacts:				
Position Title (PayroMo	onthly Salary Range	e (A - I Step)	Addition (number	
				

Narrative Explanation of Staffing Impacts (If Required):

Related Items "On File" with the Clerk of the Board:

N/A

None

Attachments: Resolution