



County of Sonoma

State of California

Date: October 13, 2020

Item Number: _____

Resolution Number: _____

4/5 Vote Required

**Resolution of the Board of Supervisors of the County of Sonoma, State of California,
Recognizing and Celebrating October 15, 2020, as Sonoma County Peer Support Day**

Whereas, Global Peer Supporter Celebration Day (GPSCD) occurs annually on the third Thursday in October when peer workers (also known as peer providers) from across the globe reflect on, and celebrate the important role he/she plays in helping those with mental health, addiction, and or traumatic challenges move along the continuum of recovery and inclusion into communities of his/her choosing; and

Whereas, Peer Supporters are trained providers who use their lived experience to encourage, engage with, and support others with mental health, addiction, and or trauma challenges, using the recovery model and the principals and values of peer support to provide hope, support, and be a role model of recovery; and

Whereas, The belief that recovery is possible for all who experience mental health, addiction, and or traumatic challenges are fundamental to the practice of peer support. Peer Supporters use the working definition of recovery, the Guiding Principles of Recovery, and Core Values to empower and assist their peers live a life of his or her choosing, improving the likelihood of long-term recovery; and

Whereas, Peer support is an emerging best-practice, has proven to be a cost-effective treatment for mental health, addiction, and traumatic challenges, reduces inpatient hospital days, recidivism rates, and increases a patient's (also referred to as consumers) ability to access

expensive and more restrictive community-based services; and

Whereas, This year's Fifth Annual Global Peer Support Celebration Day goal is to increase public awareness of peer supporters, the services they provide (or do not provide), how they are impacting the lives of countless adults, children, adolescents, and families within the health and human services industry, and how they are providing a shining example of recovery in the places where these services are delivered.

Now, Therefore, Be It Resolved that the Sonoma County Board of Supervisors does hereby Recognize and Celebrate October 15, 2020 as Sonoma County Peer Support Day.

Supervisors:

Rabbitt:

Zane:

Gore:

Hopkins:

Gorin:

Ayes:

Noes:

Absent:

Abstain:

So Ordered.