



# Road Map to Reopening

June 11, 2020

**Barbie Robinson,**

Director, Sonoma County, Department of Health  
Services & Interim Executive Director, Community  
Development Commission

**Dr. Sundari Mase**

Sonoma County Health Officer



**sonoma county**  
DEPARTMENT OF HEALTH SERVICES

## Health Updates

- Latinx Community Outreach
- Alternate Care Site
- Homeless Response
- State Modeling Information
- Local COVID-19 Data and Community Health
- Reopening Timeline

# COVID-19 Impact on Latinx Community

and less likely to be able to implement recommended mitigation strategies.

# COVID-19 Impact on Latinx Community

- Disproportionate number of COVID-19 cases in Latinx community
- As compared to non-Latinx cases, Latinx COVID-19 cases are:
  - Younger (86% are under 50)
  - More often due to close contact transmission
  - More often show no symptoms
  - Less likely to have an underlying condition or be hospitalized

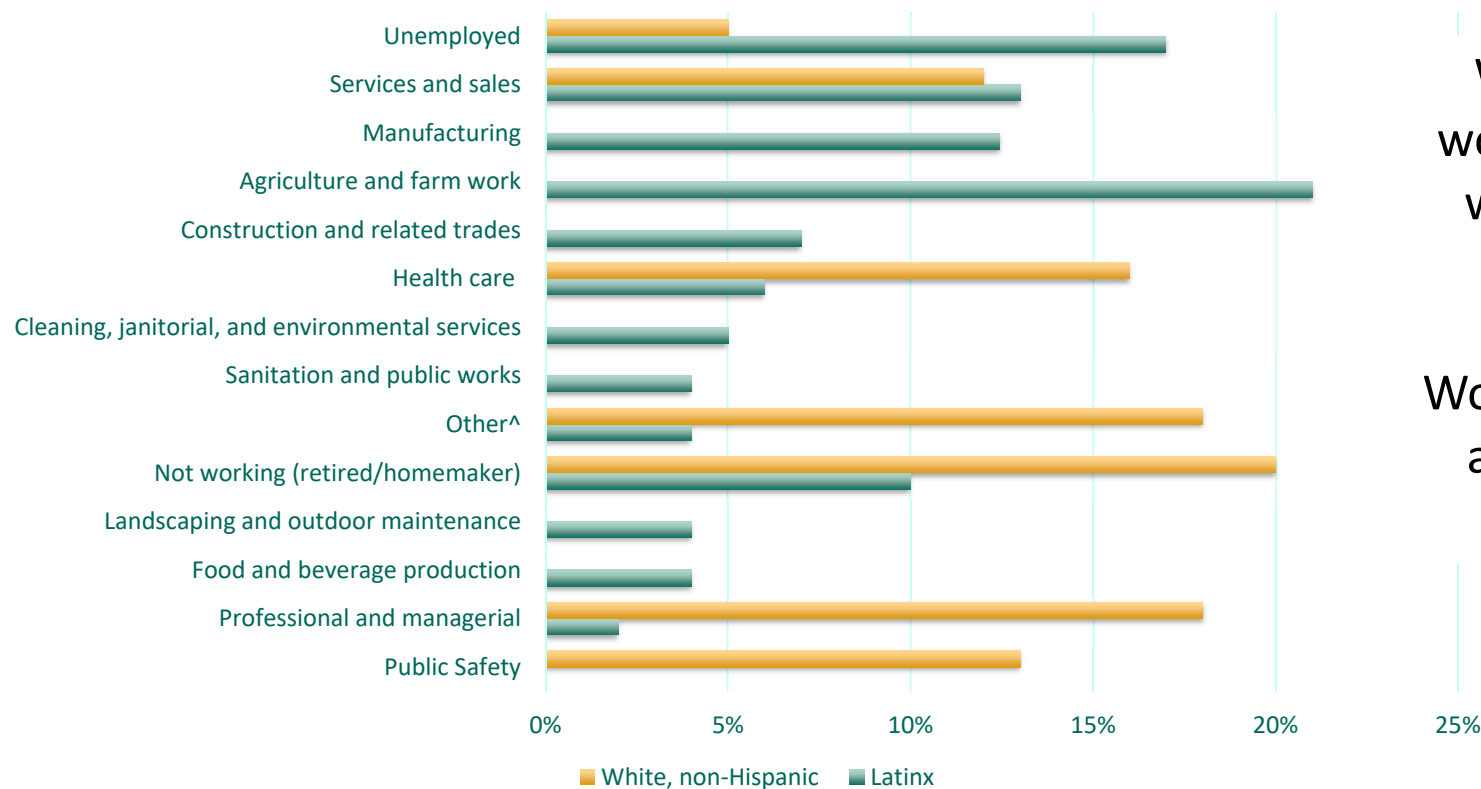
## Sonoma County Cases by Race/Ethnicity

Race/Ethnicity	Number of Cases	Percent of Cases	Percent of Population
Hispanic/Latino	443	75%	27.2%
White, non-Hispanic	119	20%	64.7%
Asian/Pacific Islander, non-Hispanic	17	3%	5.1%
Other*, non-Hispanic	14	2%	3.0%

\*Black/African American, American Indian/Alaska Native, and Other

Cases: 671 total, 78 (12%) missing race/ethnicity

# Employment Sectors of COVID-19 Cases by Race/Ethnicity



Where an individual works is not necessarily where COVID-19 was transmitted.

Workplace transmissions account for less than 10% of cases.

## Why the inequity?

The barriers to mitigation are felt most strongly by our Latinx Community

- Institutionalized racism
- Essential workers
- Housing

## Actions to Date

- Detailed Data Tracking and Dashboard
- Convene Latinx Health Workgroup
- Focused, mobile testing in Latinx communities and workplaces
- Multi-language outreach, communication and intake
- Dissemination of key information in Spanish-language media outlets

## Actions to Date, Continued

- Hire bilingual-bicultural staff to support COVID19 response.
  - Contact Tracers, nursing staff, intake workers
  - Culturally appropriate case management
- Employer engagement
  - Weekly meetings with employers and leaders in the Ag Community.



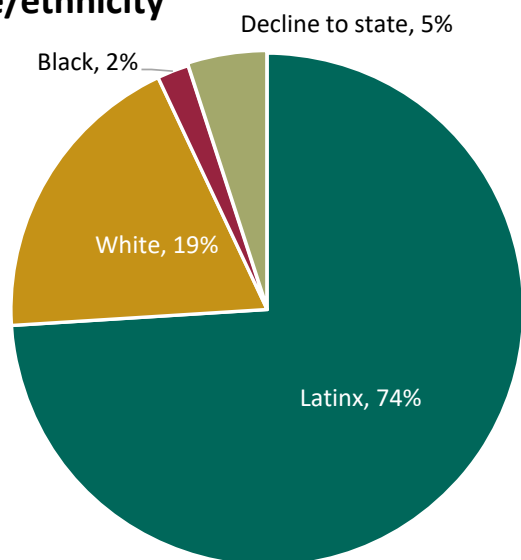
## Continuing & Future Actions

- Continue building overarching strategy to address outreach, testing, mitigation, communication and care in LatinX community
- DOC Equity Officer
- Prioritize bilingual/bicultural staff when hiring/staffing
- Strengthen partnerships with Latinx and Latinx-serving groups
- Develop outreach plan to improve awareness of COVID risks, educate on DHS efforts, improve interventions with LatinX community
- Preparing for a future surge

# Alternate Care Site (ACS) Updates

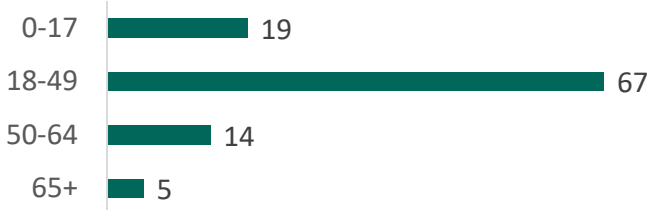
**105** individuals served by the ACS to date; 13 currently housed at ACS

## Race/ethnicity



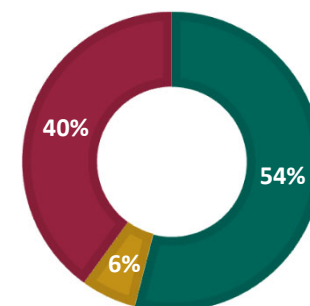
Region	%
Central	53%
South	14%
North	10%
East	8%
West	0%
Out of County	13%
Unknown	1%

## Age

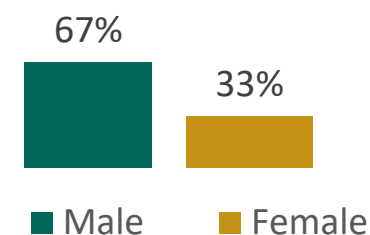


## Reason for admission

■ Awaiting test results ■ Contact ■ Positive



## Gender



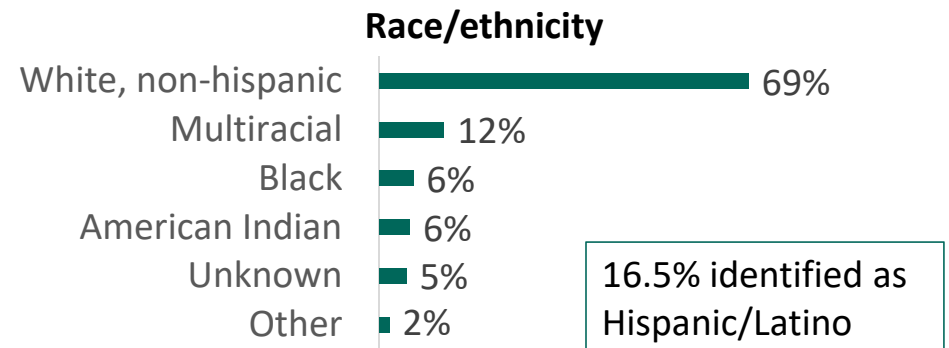
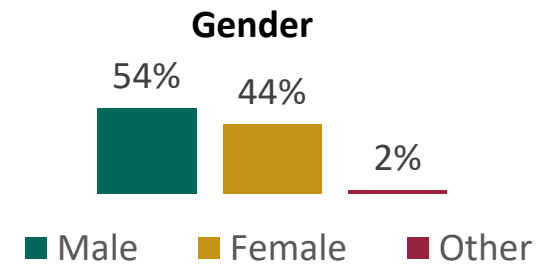
# Non-Congregate Housing for the Homeless

**157 served**

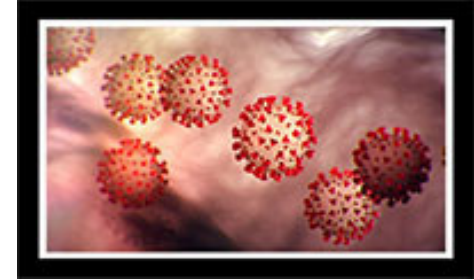
(Astro Hotel = 57, Fairgrounds/trailers = 24, SSU = 106)

- 75 Chronically Homeless
- 38 Leavers (10 day avg participation)
- 119 Stayers (29 day avg participation)

Age	Number of Individuals
0-17 years	5
18-44 years	24
45-61 years	58
62+ years	38
Unknown	32



# IMDT COVID-19 Cohort



Target outreach: homeless, 65 years of age or older and those under 65 with serious underlying health conditions (respiratory illness, heart conditions, diabetes, cancer, etc.)

## Covid-19

- Launched May 14, 2020
- (**138**) COVID-vulnerable sheltered
- (**92**) Individual needs assessed for safety net services & housing
- (**92**) ACCESS enrolled

## Covid-19 Service Success

- (34.7%) Medi-Cal Enrollments
- (43.8%) CalFresh enrollments
- (15.7%) SSI Enrollments
- (100%) Shelter Placements

**80 Vouchers for COVID-19 homeless**

# State Modeling Updates

## HIGHLIGHTS

1

Most COVID-19 models predict a 2nd peak of cases, hospitalizations, and deaths in the fall. The size and timing of that peak depends on mitigation strategies in place during re-opening and individual behavior.

2

Surveillance testing will increase the accuracy of modeling and reduce error bars on nowcasting

3

With more data from the pandemic and constantly improving modeling platforms, we are improving accuracy of short-term and long-term projections.

4

The data indicate that the actions of individual Californians across the state, guided by the Stay at Home order, flattened the curve.

# COVID-19 Modeling Recap as shown in April 10th press conference

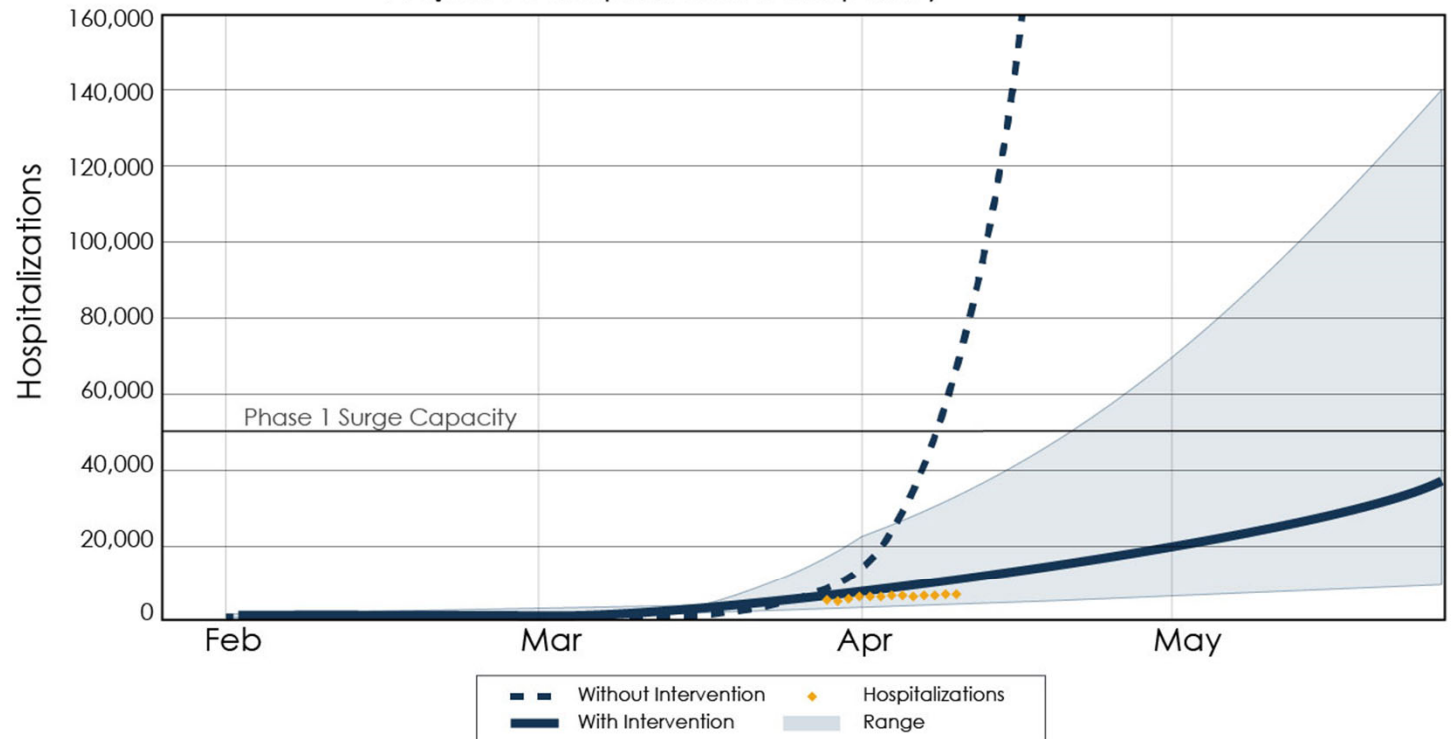
## KEY TAKEAWAY

### Action in March saved thousands in May

- This figure showed that 1) the size and timing of the worst-case scenario: an uncontrolled peak that could happen if no action were taken; 2) the expected impact of the interventions; and 3) actual hospitalizations.
- Seeing these modeled projections enabled CA leaders to take strong action, thereby preventing a far worse outcome (as seen in other parts of the US and world).

## Expected Impact of Physical Distancing Efforts in CA

Projected Hospital Bed Occupancy



# Key modeling results



## COVID-19 MODELING

# Nowcasting: Understanding R-effective

Data freshness: as of Thursday, 05.28.20

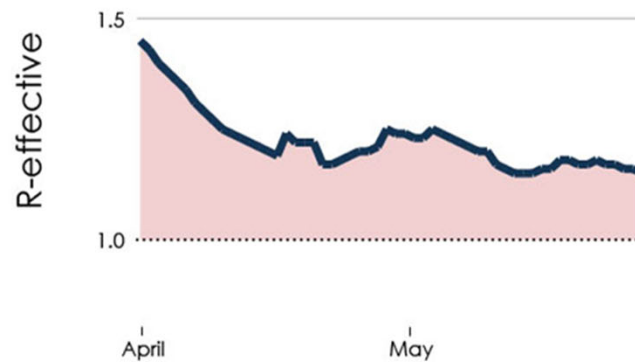
### KEY TAKEAWAY

## R-effective a key indicator for predicting the course of the epidemic

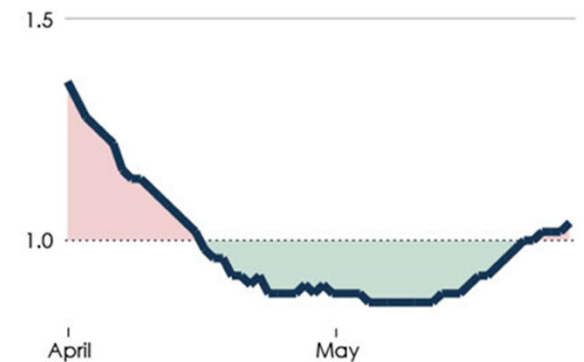
- The Effective Reproduction Number ( $R_{eff}$ ) is the number of new infections expected to result from each existing COVID-19 infection.  $R_{eff} > 1$  means cases are increasing.  $R_{eff} < 1$  means cases are decreasing, exponentially.
- Consider two urban, coastal, and affluent California counties: Orange and Santa Clara. On April 1 both had similar number of hospitalized patients with COVID-19.
- Santa Clara was able to reduce transmission ( $R_{eff} < 1$ ) which is reflected in decreasing hospitalizations. Re-opening has led to an increase in  $R_{eff}$ , which should be reflected in increasing cases and hospitalizations in coming weeks.
- Orange County shows transmission continuing ( $R_{eff} > 1$ ), reflected in increasing hospitalizations.

Source: Covid Act Now; CDPH

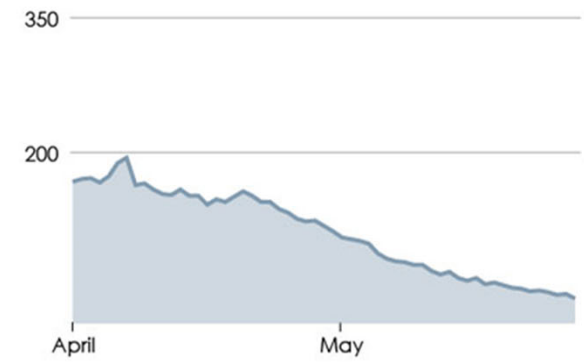
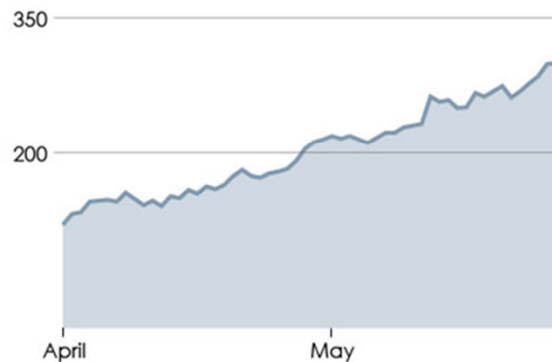
### Orange County



### Santa Clara County



### Hospitalizations





## COVID-19 MODELING

# Nowcasting: Real-time estimates of $R_0$

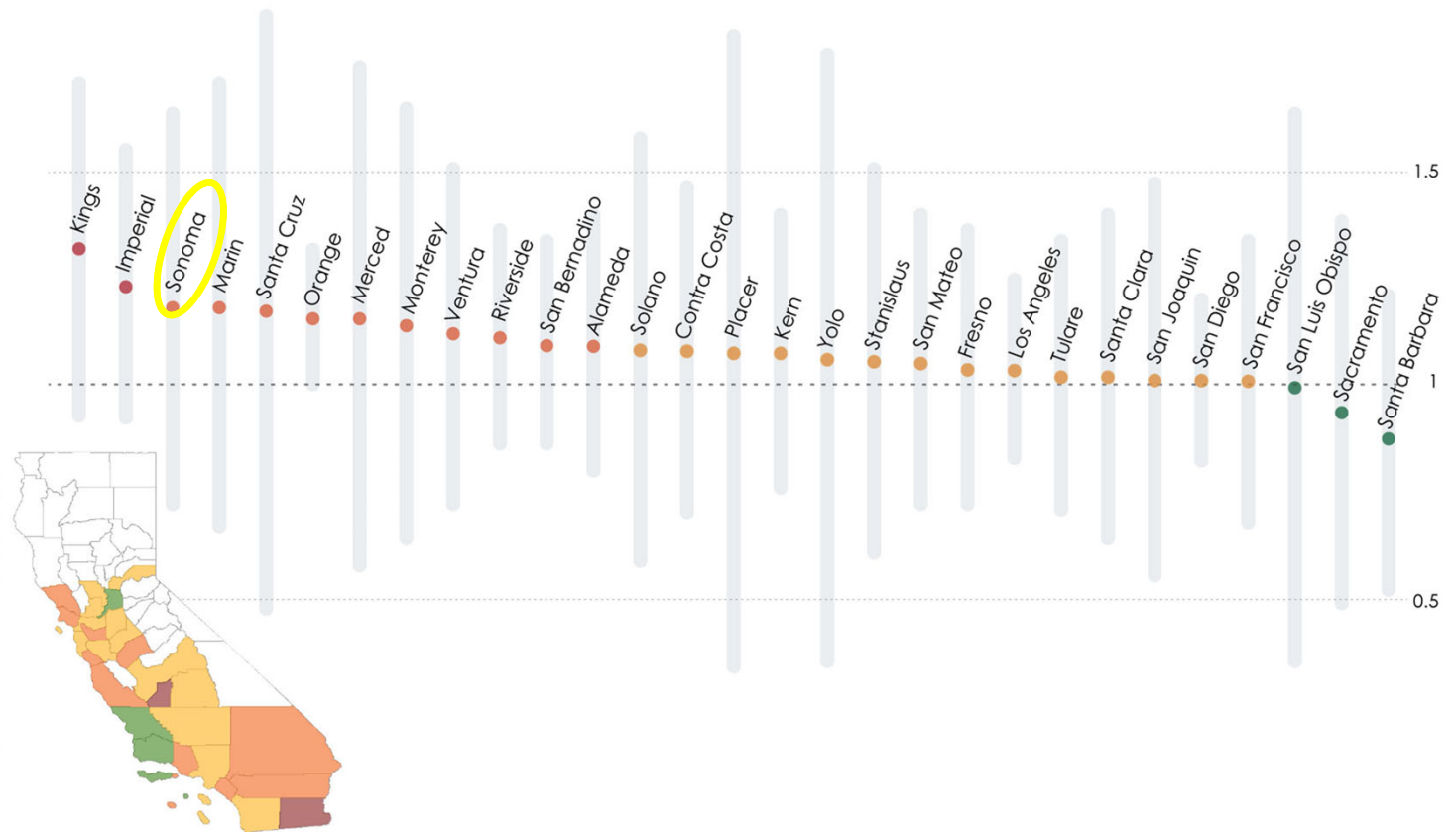
Data freshness: as of Friday, 05.29.20

### KEY TAKEAWAY

**While the number of cases is stabilizing, pandemic control is still fragile**

- Most counties remain above 1.
- Opening too quickly may cause R-effective to tip back into growth phase (greater than 1) and cause a surge in infections and deaths.
- In the absence of widespread surveillance testing, there is still a 2 week lag before we can see the impact of increases in transmission. Because of the lag between infection, symptoms, and testing at least two weeks of decreasing cases ( $R\text{-effective} < 1$ ) is a metric to guide a reopening policy.
- Error bars are large because of lack of widespread surveillance testing.

## Current Assessment of Effective Reproduction Number (average May 14-21)



## COVID-19 MODELING

# What the ensemble of models say about hospitalizations

Data freshness: as of Friday, 05.29.20

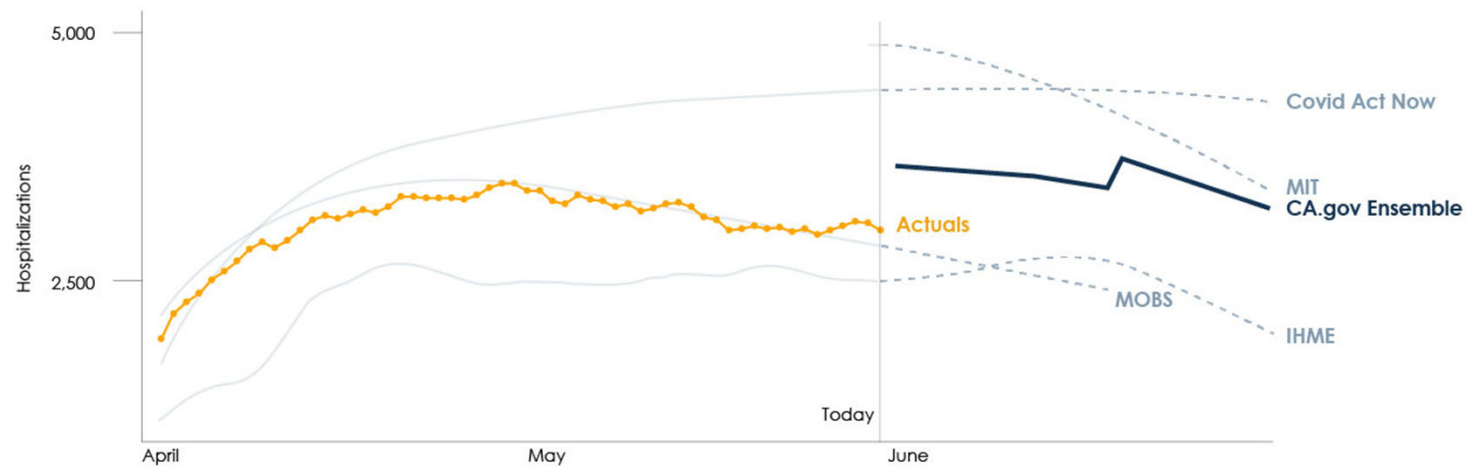
### KEY TAKEAWAY

## Statewide hospitalizations are expected to continue at current levels

- Short-term forecasts vary, but on average (dark blue line) hospitalizations stay the same over the next 4 weeks.
- Statewide numbers do not tell the whole story for specific counties, where hospitalizations may increase in the coming weeks.
- These results can be improved to reflect local policies as models are updated with county-level data. Results seen here reflect continuation of current interventions.

Source: Covid Act Now; Institute for Health Metrics and Evaluation; MIT; MOBS

## Projected Hospitalizations



# Forecasts for the rest of 2020

Data freshness: as of Friday, 05.29.20

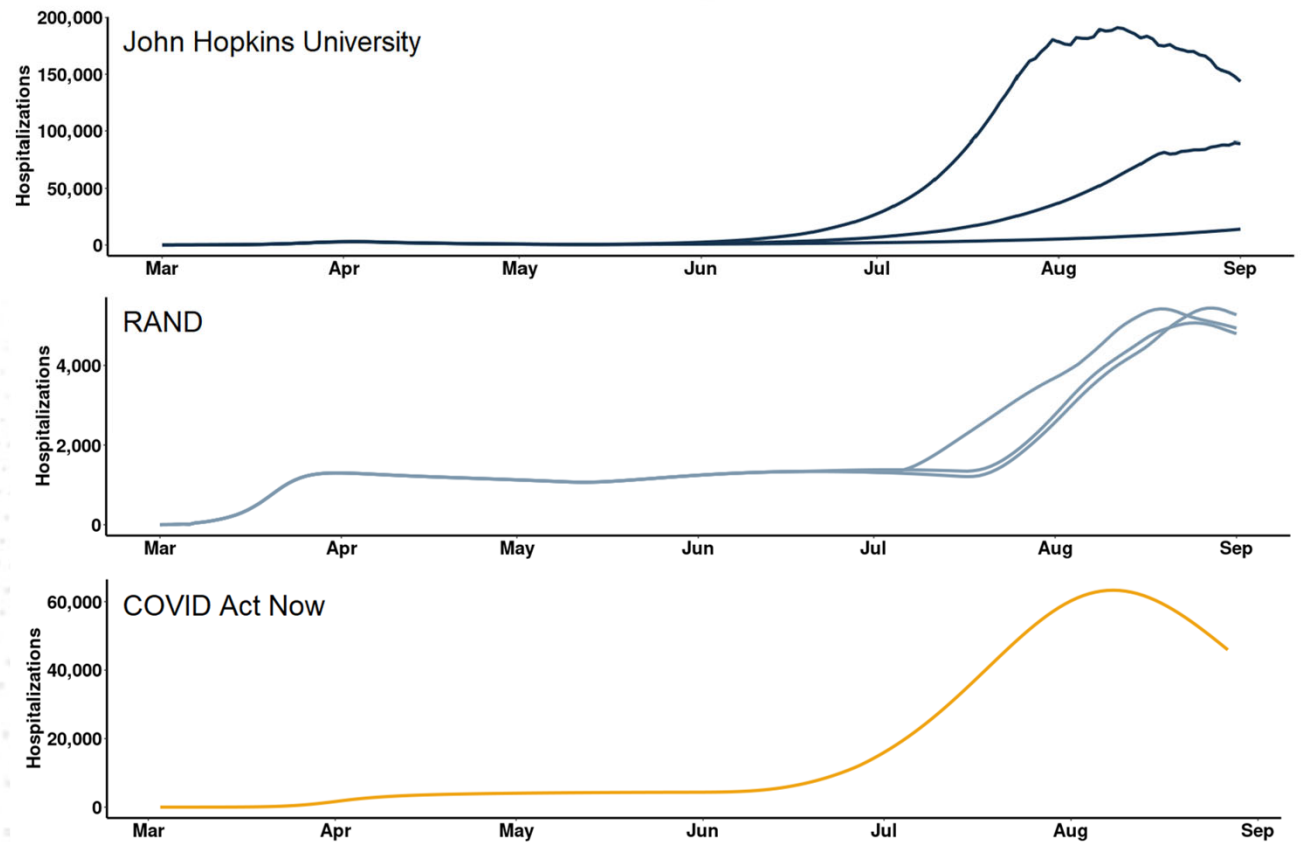
## KEY TAKEAWAY

### Most models agree that a second peak is coming

- Additional peaks in cases, hospitalizations, and deaths will occur.
- The models show the timing and the magnitude of the peak is strongly dependent on the strength of NPIs.
- Weekly tracking of these models is essential given their variability, as they improve, and more data becomes available.
- A cautious approach to loosening of restrictions can avert a substantial number of hospitalizations and deaths. A moderate NPI strategy can save over 50,000 lives by Labor Day, as compared to implementing weak NPIs.

Source: Johns Hopkins University Infectious Disease Dynamics

## Multiple models suggest a second peak is coming



## Key takeaways from current models

Most COVID-19 models predict a **2nd peak** of cases, hospitalizations, and deaths in the fall. The size and timing of that peak depends on having mitigation strategies in place during phased re-opening.

The spread of COVID-19 could be tracked in real-time using nowcasting of the effective reproductive number ( $R_{eff}$ ). Currently, the spread of COVID-19 persists with  **$R_{eff} \sim 1$**  for California.

With increased opening of data at the county level we expect improved forecasting.

Surveillance testing will increase the accuracy of modeling and reduce error bars on nowcasting.

# Sonoma County Case Updates

June 9, 2020 9:10 PM

## Sonoma County Coronavirus Cases at a Glance

Coronavirus Cases	Total	Active	Recovered	Deaths	Tests
Current Case Count	671	297	370	4	32,125
Change in Last 24 Hours	+7	+7	+0	+0	+400

# State Criteria

County	Avg # tests per day (per 100,000 population) (7 day average with a 7 day lag)	Case rate per 100,000 (14 days)	Testing positivity (%) (7 day average with a 7 day lag)	% Change in 3-day avg COVID+ hospitalized patients	% ICU beds currently available	% Ventilators currently available
Threshold	<150 per 100,000	>25 per 100,000	>8%	>10%	<20%	<25%
Sonoma County	114.5	30.8	2%	18%	22.4%	79.3%

*Data updated 06/11/20*

# State Criteria Indicating Elevated Case Transmissions

Sonoma County Status	State Criteria
<div>30.8</div> <div>cases per 100,000 in past 14 days</div>	<div>&gt; 25</div> <div>cases per 100,000 residents in past 14 days indicates elevated transmission</div>
<div>&lt; 8%</div> <div>testing positivity in past 7 days</div>	<div>&gt; 8%</div> <div>testing positivity in past 7 days indicates elevated transmission</div>

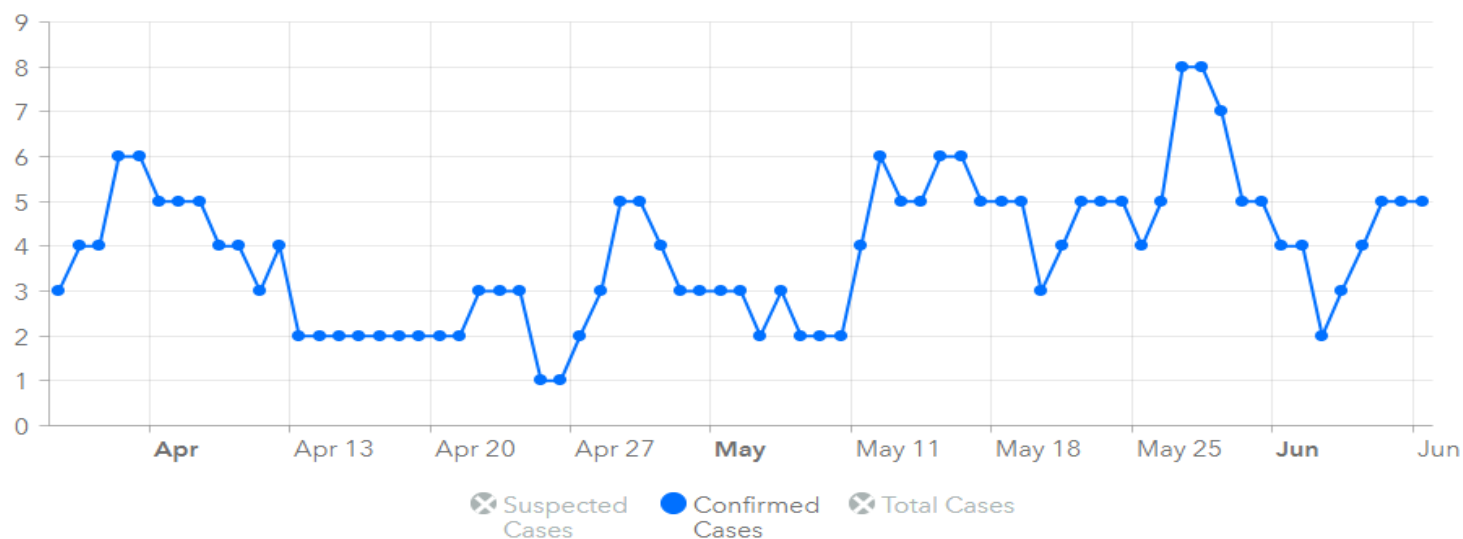
# State Criteria Indicating Stability of Hospitalizations

Sonoma County Status	State Criteria for Stability of Hospitalizations
<b>18%</b> average daily percent change in hospitalized COVID-19 patients over past week	<b>&lt;5%</b> average daily percent change in hospitalized COVID-19 patients over past week
<b>Met</b>	<b>&lt; 20</b> confirmed COVID-19 patients hospitalized on any single day over the past 14 days



# State Criteria Indicating Increasing Hospitalizations

## COVID-19 Hospitalizations



### Sonoma County Status

**67% increase**

Average change in number of confirmed COVID+ patients currently hospitalized

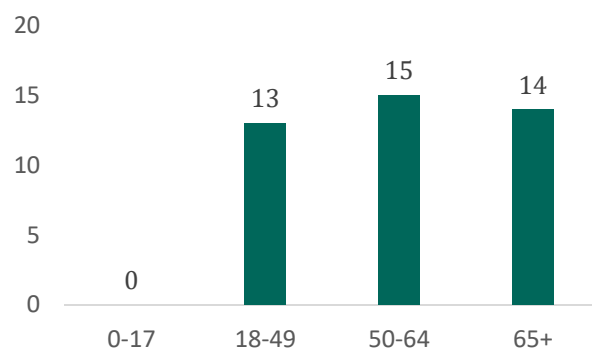
### State Criteria indicating Increasing Hospitalizations

**>1% increase**

Average change in number of confirmed COVID+ patients currently hospitalized

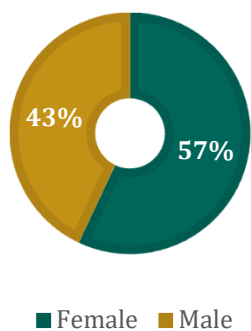
# Characteristics of COVID-19 Patients Ever Hospitalized (n=42)

Age in years

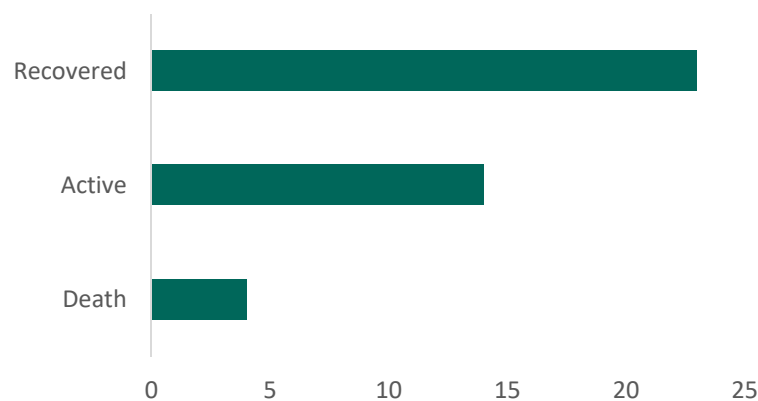


Ever in ICU:  
**15 (36%)\***

Sex



Status



Underlying conditions	%
None	27%
Diabetes	39%
Cardiovascular disease	27%
Chronic lung disease	17%
Hypertension	17%
Other	17%

*^For cases entered into CalRedie (N=41)-proportions calculated for cases with known underlying conditions and symptoms*

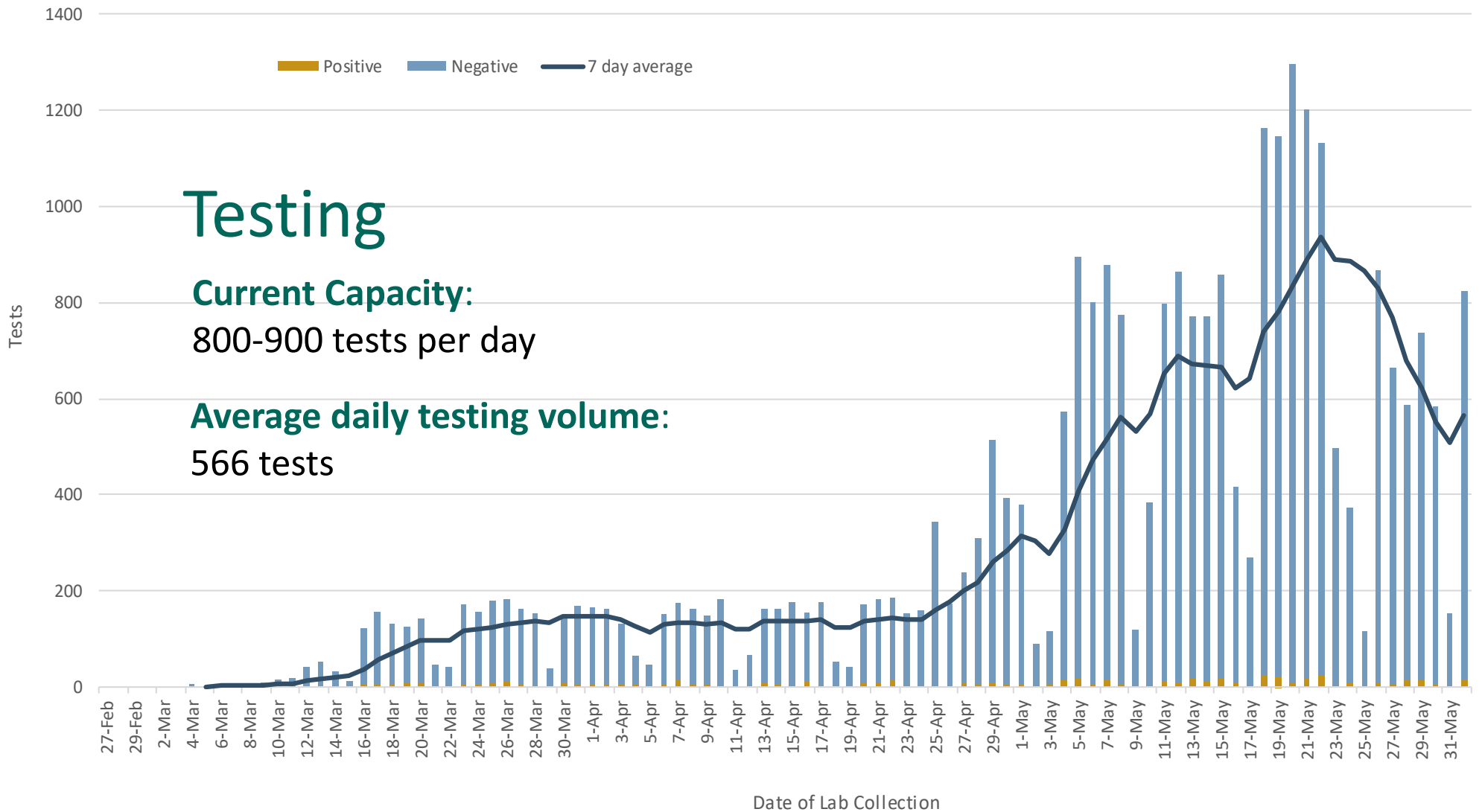
## State Criteria Indicating Limited Hospital Capacity

Sonoma County Status	State Criteria
22.4% ICU beds available	<20% ICU beds available indicate limited capacity
79.3% ventilators available	<25% ventilators available indicate limited capacity
>14 day supply PPE Available	<14 day supply PPE available indicate limited capacity

# Testing

**Current Capacity:**  
800-900 tests per day

**Average daily testing volume:**  
566 tests



# Approach to Field Surveillance

Daily coordination and review of data to set testing priorities for field testing (workplaces, residential settings, community-based) among:

- Asymptomatic and symptomatic contacts to cases
- Latinx community (pop-up and high risk worksite testing)
- Vulnerable populations (SNFs, RCFEs, B&C homes, assisted/independent living facilities, jails, homeless)
- Asymptomatic and symptomatic Health Care Workers
- Asymptomatic and symptomatic First Responders
- Symptomatic community members
- Asymptomatic community members

**Percent of individuals testing positive by testing strategy**

Testing Strategy	Number of tests conducted	Percent positivity
Close Contact	547	17.5%
Latinx Outreach	524	2.5%
Chanate Drive Thru	4,863	0.74%
Optum Serve Petaluma	3,036	0.23%
Optum Serve Santa Rosa	3,777	0.11%

# Clusters

- Among the first 380 cases there were 23 multi-household clusters
  - 6 were associated with worksites or work-related events
  - 4 were associated with family events (funerals and birthday parties)
  - The remaining 13 are complex with extensive overlap between household, work, and extended family
- Clusters ranged in size from 2 cases – 32 cases (average 9 cases)
- The largest cluster had 32 cases, 83 contacts, 7 households and led to 5 worksite investigations

Sector of  
employment  
of COVID-19  
cases\*,  
residents  
18+ years

	<b>N</b>	<b>%</b>
<b>Total</b>	<b>508</b>	<b>100%</b>
<b>Agriculture and farmwork</b>	79	16%
<b>Unemployed</b>	73	14%
<b>Services and sales</b>	66	13%
<b>Not working</b>	44	9%
<b>Health care</b>	44	9%
<b>Manufacturing</b>	36	7%
<b>Professional and managerial</b>	29	6%
<b>Construction and related trades</b>	24	5%
<b>Landscaping and outdoor maintenance</b>	21	4%
<b>Public Safety</b>	19	4%
<b>Sanitation and public works</b>	15	3%
<b>Cleaning, janitorial, and environmental services</b>	14	3%
<b>Food and beverage production</b>	13	3%
<b>Education</b>	9	2%
<b>Caregiver and personal help</b>	9	2%
<b>Transportation</b>	6	1%
<b>Other^</b>	7	1%

\*with known employment. Where case works, not necessarily where case was exposed

^Other includes arts, design, entertainment, sports, media, and student

# Outbreaks and Investigations by Industry

Industries with clusters of illness or extensive worksite investigation include:

- Agriculture and farmwork
- Services and sales
- Healthcare
- Manufacturing
- Construction and related trades
- Landscaping and outside maintenance
- Public Safety
- Sanitation and public works
- Cleaning, janitorial and environmental services
- Food and beverage production



# Community Health: Overdose and Suicide Deaths

Overdose and suicide deaths by month, 2017-2019 3 year average with 2020 comparison, Sonoma County

		JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
Overdose	3 year average 2017-2019	6	8	6	8	6	6	8	7	7	5	6	7
	2020*	ABOVE	ABOVE	ABOVE	ABOVE	BELOW							
		JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
Suicide	3 year average 2017-2019	7	4	6	7	6	6	6	6	5	8	8	5
	2020*	ABOVE	ABOVE	BELOW	BELOW	BELOW							
		JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC

Source: CA Comprehensive Death File, 2017- May 28, 2020

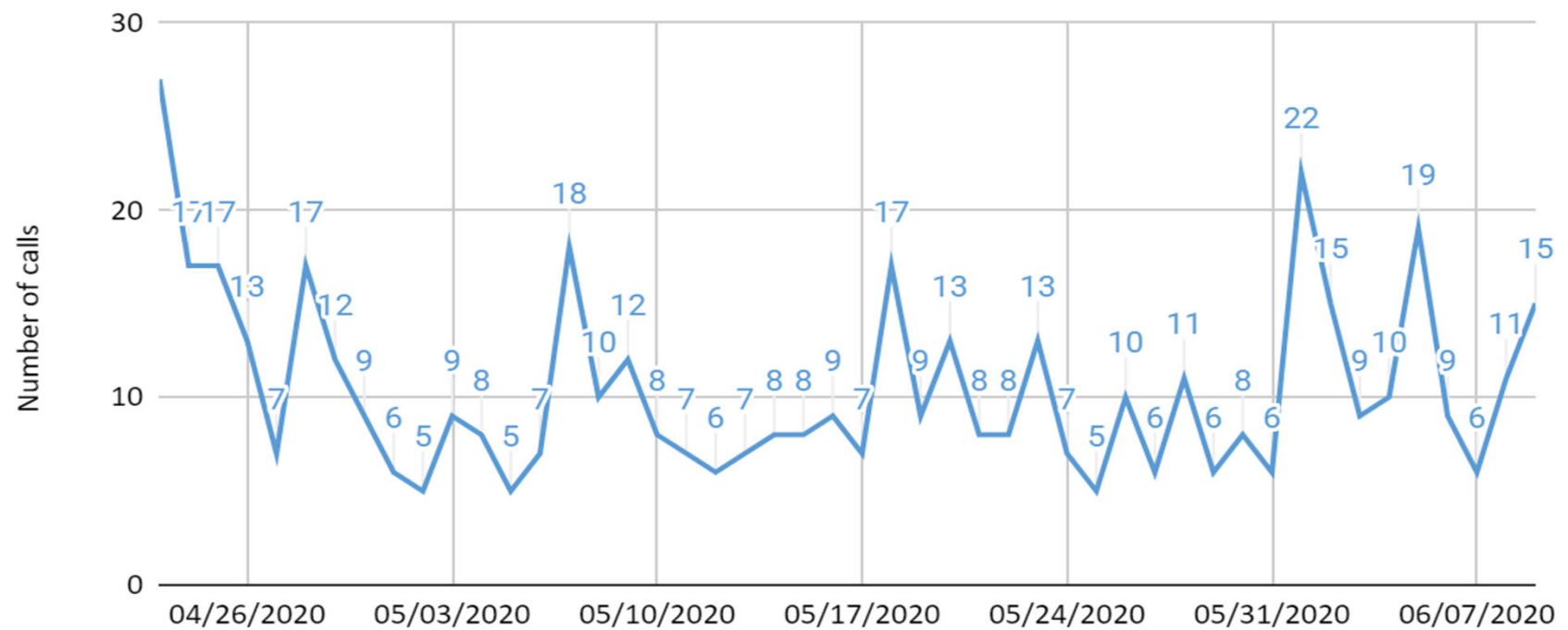
\*Data are preliminary

Since Shelter in Place was implemented in March:

- A trend of heightened overdose deaths continued in March and April, but fell below average levels in May 2020
- Suicide deaths have been occurring less frequently than average since March 2020

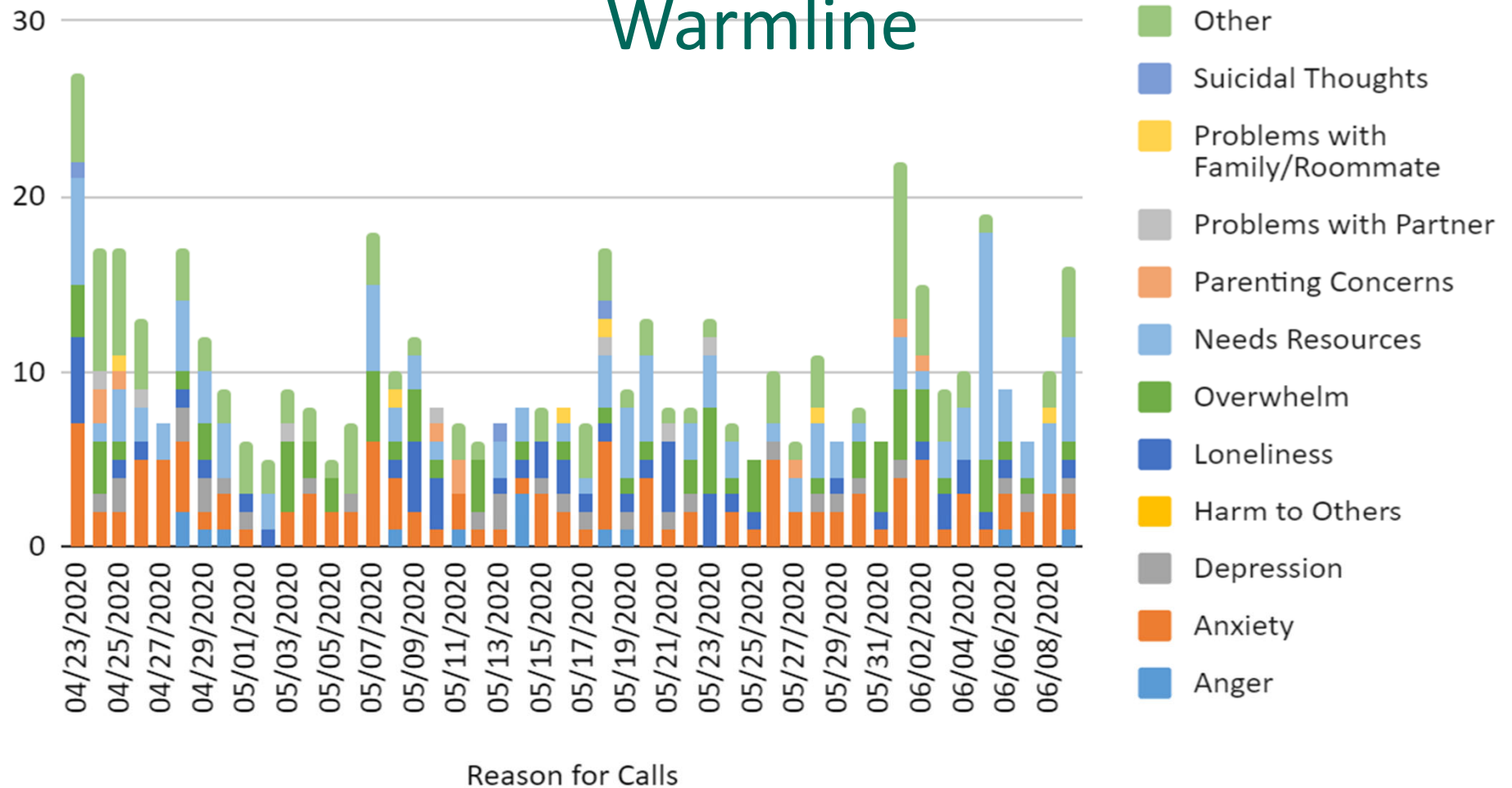
# Mental Health Warmline

DHS BH Warm Line Call Volume  
Total calls since inception: 502

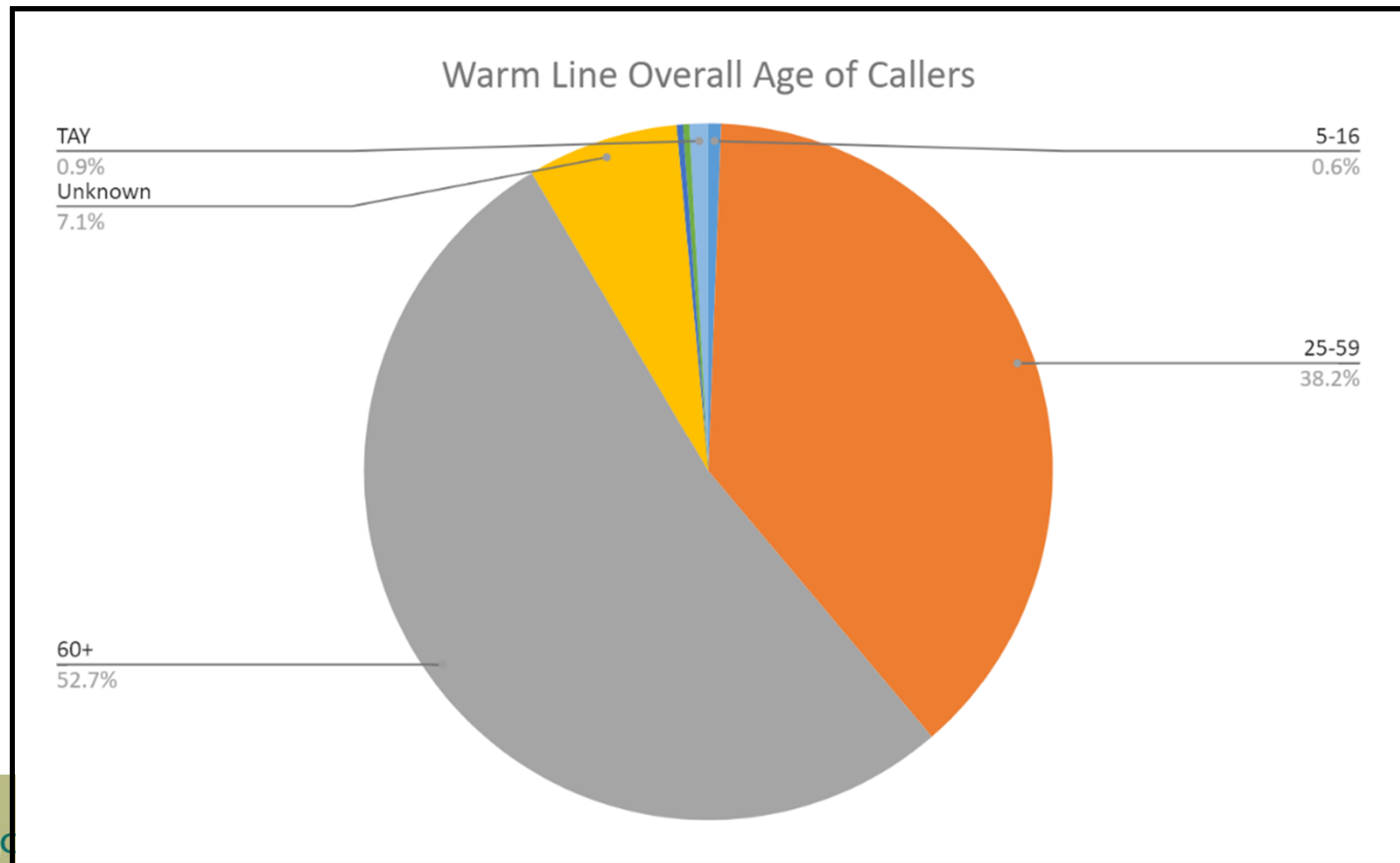


Reason for Call

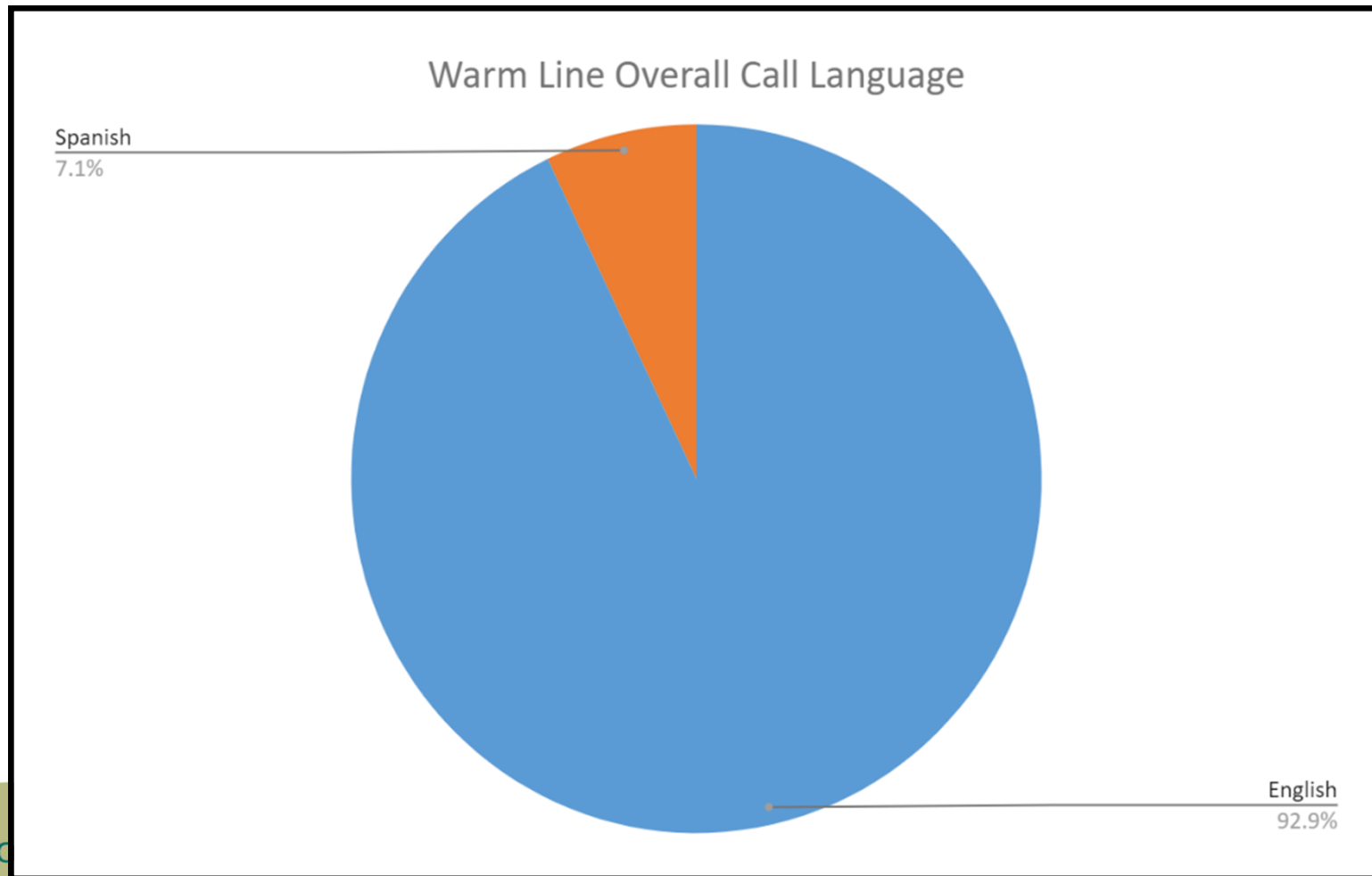
# Mental Health Warmline



# Mental Health Warmline

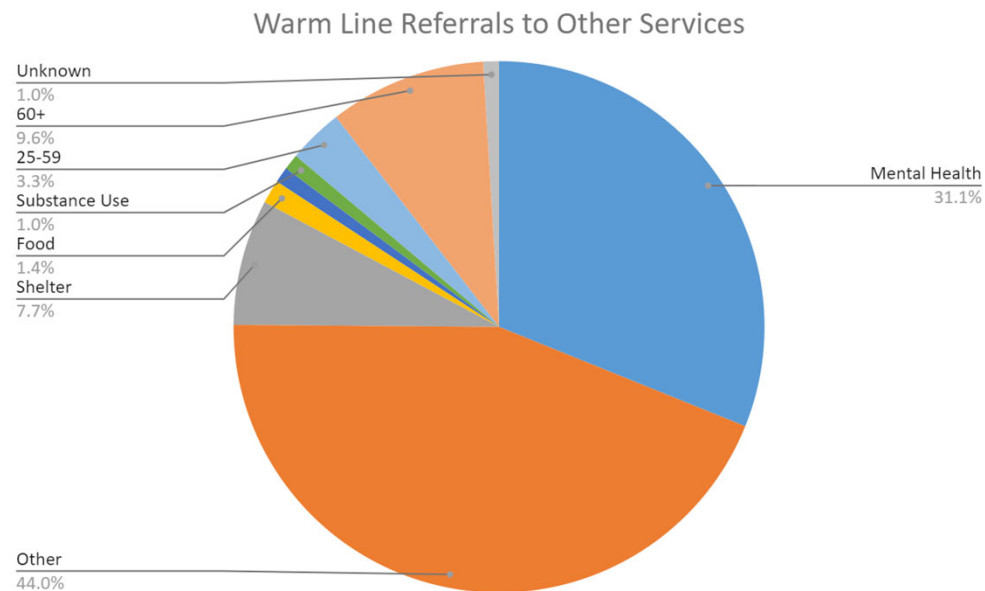


# Mental Health Warmline

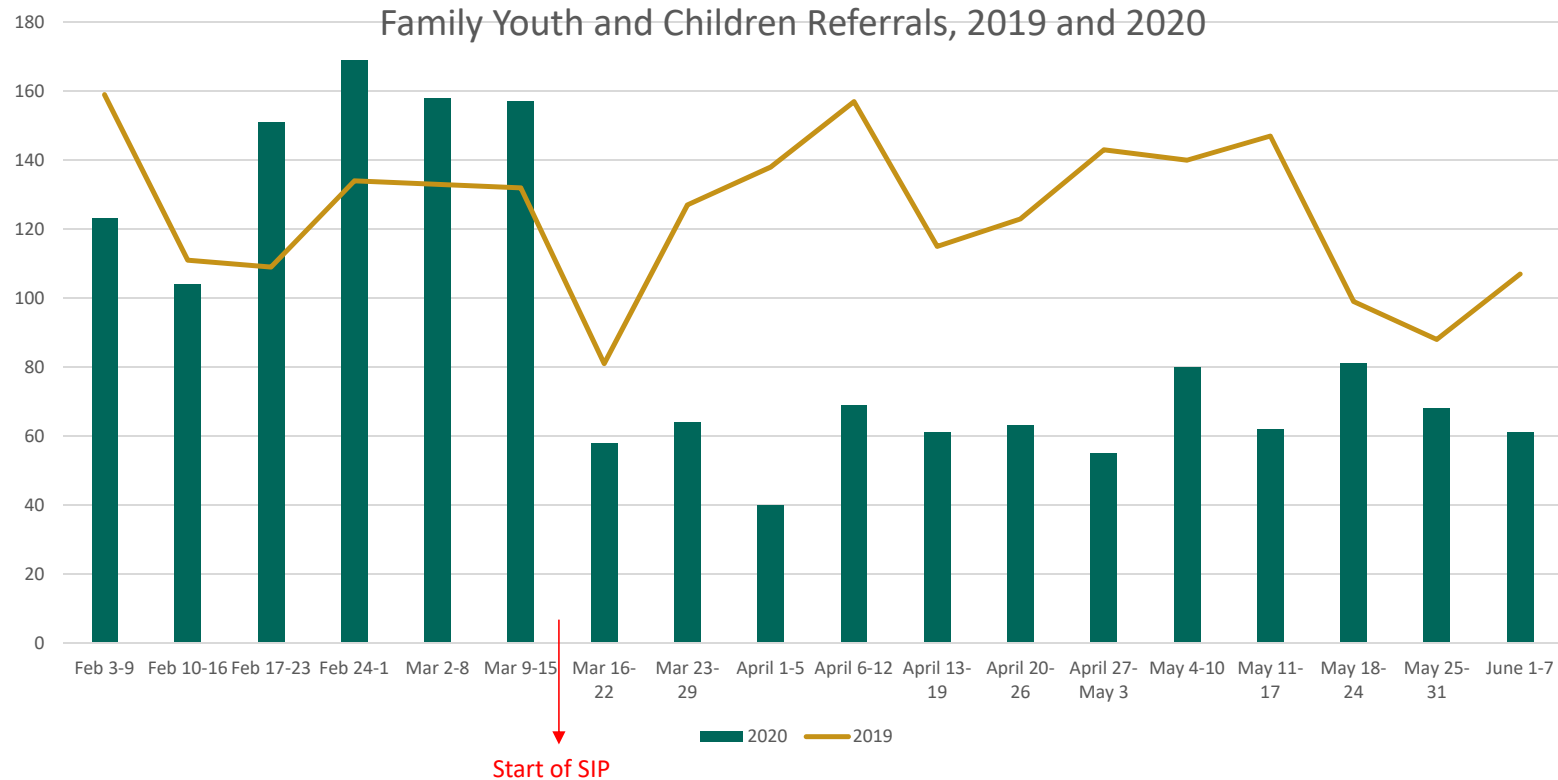


# Mental Health Warmline

## Referrals Provided

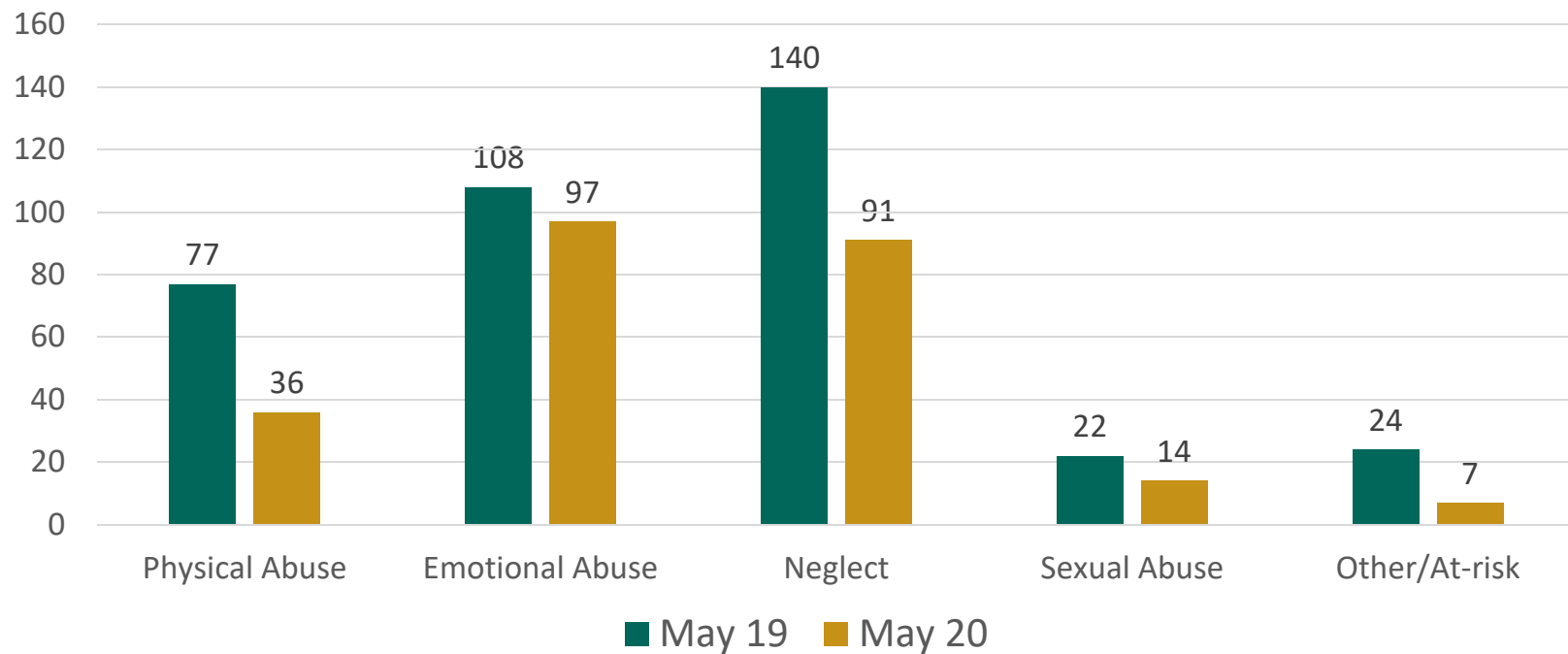


# Child Abuse and Neglect Allegations



# Child Abuse and Neglect Allegations

Child Abuse and Neglect Allegations by Abuse Type  
May 2019 & May 2020





# Sonoma County Reopening Updates

Beginning **June 12<sup>th</sup>**, wineries, breweries and distilleries will be permitted to serve alcohol not paired with food.

The County and Economic Development Board are working to allow the following businesses to open **June 19<sup>th</sup>** in compliance with State guidance and mitigation measures, if COVID-19 cases remain stable:

- Casinos and card rooms
- Film, television, and music production
- Pro Sports without live audience
- Schools
- Day Camps

- Campgrounds
- Hotels for tourism
- Bars
- Gyms and fitness centers
- Movie theaters and family entertainment centers
- Zoos and museums

# Questions