



SUMMARY REPORT

Agenda Date: 9/10/2019

To: Board of Supervisors of Sonoma County
Department or Agency Name(s): Department of Health Services
Staff Name and Phone Number: Barbie Robinson, 565-7876
Vote Requirement: Majority
Supervisory District(s): Countywide

Title:

Suicide Prevention Week 2019

Recommended Action:

Adopt a resolution proclaiming the week of September 8 through September 14, 2019 as Suicide Prevention Week in Sonoma County.

Executive Summary:

This item requests that the Board adopt a resolution proclaiming the week of September 8 through September 14, 2019 as Suicide Prevention Week in Sonoma County.

Discussion:

Suicide is a major public health issue that requires vigilant attention and preventative action. The Centers for Disease Control and Prevention released a report in November 2018 stating that suicide rates rose in the United States from 1999 to 2017 by 33 percent, from 10.5 to 14.0 per 100,000 people per year.

On average there are 75 deaths by suicide each year in Sonoma County, making suicide the ninth leading cause of death in the County. According to the California Department of Public Health "County Health Status Profiles 2019" report, the Sonoma County three-year average age-adjusted suicide death rate for 2015 through 2017 was 12.4 per 100,000 people per year, statistically higher than the California rate of 10.4 per 100,000 people per year.

Efforts to prevent suicide in Sonoma County are scheduled for Suicide Prevention Week. The September edition of the Mental Health Services Act Newsletter highlights several scheduled activities that recognize Suicide Prevention Week including:

- September 10: Assessing and Managing Suicide Risk training for clinicians in Santa Rosa
- September 10: QPR: Question Persuade, Refer Suicide Prevention Training in Guerneville
- September 18: Elderly Suicide: Risk and Prevention hosted by the Mental Health Board in Santa Rosa

For more information about these events go to the Behavioral Health website at:
<http://sonomacounty.ca.gov/Health/Behavioral-Health/>

In support of National Suicide Prevention Awareness Week (September 8-14, 2019) and World Suicide Prevention Day (September 10, 2019), Each Mind Matters: California's Mental Health Movement is excited to provide the 2019 Suicide Prevention Activation Kit.

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The theme of this year's activation kit is Finding Purpose: Taking Care of Ourselves and Others. Having a sense of purpose in life is truly powerful, it enhances resiliency in the face of challenging circumstances and helps us keep going when things are tough.

The 2019 Suicide Prevention Activation Kit can be found here: <https://www.eachmindmatters.org/spw2019/>

Prior Board Actions:

Most recently, on September 11, 2018 the Board recognized Suicide Prevention Week in Sonoma County.

FISCAL SUMMARY

Expenditures	FY 19-20 Adopted	FY 20-21 Projected	FY 21-22 Projected
Budgeted Expenses			
Additional Appropriation Requested			
Total Expenditures	0	0	0
Funding Sources			
General Fund/WA GF			
State/Federal			
Fees/Other			
Use of Fund Balance			
Contingencies			
Total Sources	0	0	0

Narrative Explanation of Fiscal Impacts:

There are no fiscal impacts associated with this item.

Staffing Impacts:			
Position Title (Payroll Classification)	Monthly Salary Range (A-I Step)	Additions (Number)	Deletions (Number)

Narrative Explanation of Staffing Impacts (If Required):

N/A

Attachments:

Resolution

Related Items "On File" with the Clerk of the Board:

None