



## COUNTY OF SONOMA

575 ADMINISTRATION  
DRIVE, ROOM 102A  
SANTA ROSA, CA 95403

### SUMMARY REPORT

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**Agenda Date:** 8/20/2019

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**To:** Sonoma County Board of Supervisors

**Department or Agency Name(s):** Human Services

**Staff Name and Phone Number:** Felisa Pinson 565-2198 and Jeneal Wells 565-2046

**Vote Requirement:** Majority

**Supervisorial District(s):** All

**Title:**

Northern California Center for Well-Being SNAP-ED Contract

**Recommended Action:**

Approve the Northern California Center for Well-Being Agreement as a third-party participant in Sonoma County's CalFresh Employment and Training plan.

**Executive Summary:**

The Human Services Department is required to provide CalFresh clients opportunities for employment and training. Since January 2018, The Human Services Department has partnered with The Northern California Center for Well-Being who has developed a Community Health Worker (CHW) Training program. The Northern California Center for Well-Being uses two non-federal grants, (Medtronics Foundation grant and Carium grant), to draw down 50 percent reimbursement of the actual cost from the Food and Nutrition Services Agency which is part of the United States Department of Agriculture. As part of the partnership, the Center will provide invoices of expenditures to the Sonoma County Human Services Department, which will forward the invoices to the State of California. The State then sends the invoices to the United States Department of Agriculture (USDA) Food and Nutrition Service for reimbursement. USDA Food and Nutrition Services will reimburse the State, which will reimburse the County of Sonoma. The County will reimburse the Northern California Center for Well-Being.

**Discussion:**

Community Health Worker (CHW) Training is a voluntary program provided by the Northern California Center for Well-Being. The program is offered as an option to CalFresh Employment and Training participants who need additional skills training for specific types of jobs in the health and social services fields. Participants receive a total of 30 educational training hours before receiving on-the-job training in a volunteer capacity accompanied by a staff mentor.

The Northern California Center for Well-Being Community Health Worker Training consists of the following basic skills training:

Part 1: The first 15 hours of training are taught from the Center for Well-Being's core competencies curricula for Community Health Workers. These hours are offered as 6 weekly sessions for 2-3 hours per week and are taught by a multi-disciplinary instructional team. The clinical aspect operates under the supervision of a Registered Dietitian while the program is led by the Community Engagement

Manager. Public Health topics are taught by the Center's Executive Director.

Part 2: In addition to the core competency and basic skills training, a minimum of 15 hours dedicated to specialization are provided in the following topic areas:

- Diabetes, nutrition education and obesity prevention
- Asthma prevention and tobacco control
- Cardiovascular disease
- Health literacy

Part 3: After completing the basic skills training, each participant is placed with a Community Health Educator to conduct their field practicum. This direct engagement with community members allows the participant to practice their newly acquired skills. A minimum of 9 hours of field work will be conducted by the participant.

Part 4: The Center for Well-Being team will provide ongoing support and case management for program participants for up to a year. Support is provided to each participant in order to reduce barriers and ensure successful program completion. Additional trainings such as *résumé*-writing and mock interview practice will be provided in continuing education opportunities, and CHW Core Competency refresher courses will be offered biannually. To eliminate participation barriers, participants are referred to community resources and organizations on an as needed basis.

**Prior Board Actions:**

No prior board actions were required as the prior contracts were below the Board Item threshold.

Prior contract amounts:

January 2018 to December 2018 = 84,574.00

January 2019 to June 2019 = 18,298.00

**FISCAL SUMMARY**

<b>Expenditures</b>	<b>FY 19-20 Adopted</b>	<b>FY20-21 Projected</b>	<b>FY 21-22 Projected</b>
Budgeted Expenses	125,000.00	125,000.00	125,000.00
Additional Appropriation Requested			
<b>Total Expenditures</b>	<b>125,000.00</b>	<b>125,000.00</b>	<b>125,000.00</b>
<b>Funding Sources</b>			
General Fund/WA GF			
State/Federal	125,000.00	125,000.00	125,000.00
Fees/Other			
Use of Fund Balance			
Contingencies			
<b>Total Sources</b>	<b>125,000.00</b>	<b>125,000.00</b>	<b>125,000.00</b>

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**Narrative Explanation of Fiscal Impacts:**

HSD Economic Assistance Division will act as a “pass-through” for the federal reimbursement. There is no fiscal impact to the County General Fund.

<b>Staffing Impacts:</b>			
<b>Position Title (Payroll Classification)</b>	<b>Monthly Salary Range (A-I Step)</b>	<b>Additions (Number)</b>	<b>Deletions (Number)</b>

**Narrative Explanation of Staffing Impacts (If Required):**

N/A

**Attachments:**

Contract

**Related Items “On File” with the Clerk of the Board:**

None