



County of Sonoma

State of California

Date: January 25, 2022

Item Number: _____

Resolution Number: _____

☐ 4/5 Vote Required

Resolution Of The Board Of Supervisors Of The County Of Sonoma, State Of California, Proclaiming January 2022 As Positive Parenting Awareness Month

Whereas, raising children and youth to become healthy, confident, capable individuals is the most important job parents and caregivers have; and

Whereas, all people have inner strengths or resources, yet many parents and caregivers feel stressed, isolated, and overwhelmed, regardless of age, race, ethnicity, or income level – and this has worsened with the health, economic, and social-emotional impacts of the COVID-19 pandemic, wildfires and racial injustices; and

Whereas, the quality of parenting or caregiving – starting prenatally – is one of the most powerful predictors of children’s future social, emotional, and physical health, and in Sonoma County, families come in many forms and children are raised by parents, grandparents, foster parents, family members, and other caregivers; and

Whereas, positive parenting is a protective factor that prevents and heals Adverse Childhood Experiences (ACEs), which impact lifelong health and well-being and occur in the context of Adverse Community Environments that lack equity; and

Whereas, in Sonoma County, families can receive support from various positive parenting programs, including the Triple P - Positive Parenting Program, an evidence-based program offered in English and Spanish by many organizations and individuals, thanks to a partnership between First 5 Sonoma County, Child Parent Institute, and the Sonoma County Human Services Department/Division of Family, Youth and Children’s Services; and

Whereas, Triple P is an effective public health parenting intervention, benefiting over 20,000 diverse parents, providers, and children in Sonoma County since 2010 with a “tool kit” of proven strategies to strengthen relationships, promote children’s development, and handle parenting challenges; and Triple P practitioners and other family support providers in Sonoma County quickly shifted to virtual services during the COVID-19 pandemic to maintain continuity and support children and families; and

Whereas, individual community members, businesses, early care and education providers, schools, and faith-based, non-profit and government organizations all play a vital role in supporting parents and caregivers to raise happy, healthy children, and during the month of January, First 5 Sonoma County along with public, private and nonprofit partners, will be increasing awareness of the importance.

Now, Therefore, Be It Resolved that the Sonoma County Board of Supervisors proclaims January 2022 to be Positive Parenting Awareness Month in Sonoma County, California, and commend this observance to the people of this county.

Supervisors:

Gorin: Rabbitt: Coursey: Hopkins: Gore:

Ayes: Noes: Absent: Abstain:

So Ordered.