

## County of Sonoma

State of California

Date: May 21, 2024

Item	Number:
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Resolution Number:

 $\Box$  4/5 Vote Required

## Resolution of the Board of Supervisors of The County of Sonoma, State of California,

## Proclaiming May 2024 as Mental Health Matters Month in Sonoma County

**Whereas,** one in five American adults will experience a mental illness in a given year, yet mental illness remains one of the most misunderstood illnesses in our society;

**Whereas,** the stigma of mental illness deprives many people of the quality mental health services they need and deserve;

**Whereas,** mental health matters to both those with mental health challenges and also has broad reaching impacts which greatly affect our communities and our entire society;

**Whereas,** focusing on mental health as a community raises awareness about mental health challenges and the importance of mental wellness for all; and

**Whereas,** Sonoma County's public mental health system annually serves over 15,000 individuals, helping to improve the lives of many families.

**Now, Therefore, Be It Resolved** that the Board of Supervisors or the County of Sonoma does hereby proclaim May 2024 as Mental Health Matters Month in Sonoma County, and encourages all Sonoma County residents, government agencies, public and private institutions, businesses, organizations, and schools to work toward the achievement of comprehensive, client driven, community mental health care for the benefit of all individuals.

Supervisors:	

Gorin:	Coursey:	Gore:	Hopkins:	Rabbit:	
Ayes:	Noes:		Absent:	Abstain:	
			So Ordered.		