



COUNTY OF SONOMA

575 ADMINISTRATION
DRIVE, ROOM 102A
SANTA ROSA, CA 95403

SUMMARY REPORT

Agenda Date: 3/25/2025

To: Board of Supervisors

Department or Agency Name(s): Sheriff's Office

Staff Name and Phone Number: Sadie Benson, 565-3922

Vote Requirement: Majority

Supervisorial District(s): Countywide

Title:

Agreement for Cardiovascular and Metabolic Screening Services

Recommended Action:

Authorize the Sheriff to execute an Agreement for Cardiovascular and Metabolic Screening Services with Sigma Tactical Wellness from March 18, 2025, through October 31, 2025, for a total cost not to exceed \$200,000.

Executive Summary:

The Sheriff's Office requests the Board's authorization for the Sheriff to execute an agreement with Sigma Tactical Wellness for cardiovascular and metabolic screening services for the term of March 18, 2025, through October 31, 2025, at a cost not to exceed \$200,000. The services will be paid for with funds from the Board of State and Community Corrections Officer Wellness and Mental Health Grant and will have no impact on the General Fund. The Sheriff's Office was awarded \$287,152 in a one-time, non-competitive grant, with a grant period from July 1, 2022, to December 1, 2025.

Discussion:

In FY 22-23 the Board of State and Community Corrections (BSCC) administered grant funding to local law enforcement agencies with the goal of improving law enforcement officer health and wellness. The Sheriff's Office was awarded \$287,152 to provide wellness benefits to sworn members of both the Law Enforcement and Detention Divisions. To date, funds have been spent on providing a wide range of services tailored to first responders, with a focus on the four pillars of officer wellness: mental health, fitness, resilience, and nutrition. Specifically, grant funding has been used for physical fitness, stress reduction methods, mental health, sleep and nutrition programs, clinician services and a resiliency room (which provides a quiet space where one can meditate, relax, read, or listen to music).

After researching various services and resources to provide additional wellness benefits to sworn personnel, and surveying Sheriff's staff, the Sheriff's Wellness committee determined that contracting for body scans/screenings would provide the greatest benefit within the terms of the grant funding. Law Enforcement Officers are at a greater risk of suffering from heart disease than the civilian population, yet standardized medicine does not provide any additional or specialized testing to help detect high risk markers. Two of the greatest indicators of early-stage coronary artery disease and a higher risk for heart attack and stroke are the presence of rupture prone plaque and/or carotid plaque. The evaluation services provided under the proposed Agreement includes advanced lipid testing with inflammatory biomarker assessment, non-invasive vascular imaging, and cardiopulmonary exercise stress testing that could detect a health concern that may not

Agenda Date: 3/25/2025

be found by typical preventative healthcare screenings or primary care visits
Sheriff's Office staff researched multiple wellness scanning companies and selected Sigma Tactical Wellness to provide cardiovascular and metabolic screenings. Based on their unique ability to provide on-site law enforcement specific screenings, particularly testing for the presence of rupture prone plaque and carotid plaque, County Purchasing approved a single source waiver for the vendor selection on December 24, 2024, satisfying the County's procurement process.

Strategic Plan:

N/A

Racial Equity:

Was this item identified as an opportunity to apply the Racial Equity Toolkit?

No

Prior Board Actions:

None

FISCAL SUMMARY

Expenditures	FY24-25 Adopted	FY25-26 Projected	FY26-27 Projected
Budgeted Expenses	\$200,000	\$0	
Additional Appropriation Requested			
Total Expenditures	\$200,000		
Funding Sources			
General Fund/WA GF			
State/Federal	\$200,000		
Fees/Other			
Use of Fund Balance			
General Fund Contingencies			
Total Sources	\$200,000		

Narrative Explanation of Fiscal Impacts:

Funding for this agreement will be paid for with BSCC Wellness Grant funds. The agreement will cover 265 screenings. It is anticipated all funds will be spent during FY 24-25. If all services are not able to be completed during FY 24-25, the Sheriff's Office will submit a budgetary adjustment to re-appropriate funding in FY 25-26. All funds must be spent prior to the end of the grant period, December 1, 2025. This grant was a one-time grant that was automatically awarded. There are no current plans to receive this award again in out-years.

Staffing Impacts:			
Position Title (Payroll Classification)	Monthly Salary Range (A-I Step)	Additions (Number)	Deletions (Number)

Agenda Date: 3/25/2025

Narrative Explanation of Staffing Impacts (If Required):

N/A

Attachments:

Agreement with Sigma Tactical Wellness

Related Items "On File" with the Clerk of the Board:

Single Source Waiver - Sigma Tactical Wellness