



County of Sonoma

State of California

Date: September 10, 2024

Item Number: _____

Resolution Number: _____

4/5 Vote Required

Resolution Of The Board Of Supervisors Of The County Of Sonoma, State Of California, Proclaiming the Month of September 2024 as Recovery Month in Sonoma County

Whereas, Recovery Month has been celebrated nationally in September for over 32 years and in California for over 31 years;

Whereas, mental health and substance use disorders affect all communities nationwide;

Whereas, the impact of mental health and substance use disorders is apparent in Sonoma County;

Whereas, with commitment and support, those impacted can embark on a journey of improved health and overall wellness;

Whereas, the focus of National Recovery Month this September is to celebrate all people that make the journey of recovery possible by embracing the 2024 theme, "The Art of Recovery";

Whereas, Recovery Month spreads the message that people can and do recover every day;

Whereas, through Recovery Month, people become more aware and able to recognize the signs of mental health and substance use disorders and Recovery Month encourages people in need of recovery services to seek support;

Whereas, managing the effects of these conditions helps individuals achieve healthy lifestyles, both physically and emotionally;

Whereas, the Recovery Month observance continues to work to improve the lives of those affected by mental health and substance use disorders by raising awareness and educating communities about the effective services that are available; and

Whereas, prevention works, treatment is effective, and people recover.

Now, Therefore, Be It Resolved the Sonoma County Board of Supervisors proclaims the month of September 2024 as Recovery Month in Sonoma County and encourages Sonoma County residents to celebrate The Art of Recovery.

Supervisors:

Gorin: Coursey: Gore: Hopkins: Rabbit:

Ayes: Noes: Absent: Abstain:

So Ordered.