

# Valley of the Moon

## Short-Term Residential Therapeutic Program

October 3, 2023



*"Empower. Support. Protect"*

**Human Services Department**  
COUNTY OF SONOMA



# Continuum of Care Reform

## Family Setting

Youth to live with a committed, permanent, nurturing family.

Place youth in homes or less restrictive, family-based setting as soon as possible.

## Permanency

Faster permanency = shorter duration of involvement in child welfare & juvenile justice.

Congregate care for short-term treatment.

## Impacts to VMCC

Stakeholder sessions held to get input into CCR changes

Support for creating a STRTP at VMCC

# Valley of the Moon Children's Center



## What is a STRTP?

Short-Term Residential Therapeutic Programs (STRTPs) are licensed residential programs that provide short-term, intensive therapeutic treatment for foster youth needing a residential environment to address their behavioral health needs, with the goal of successful transition to a family-based setting.

## STRTP Goals

- 16 beds to serve Sonoma County youth locally
- Provide trauma-informed care with embedded clinical services to promote healing
- Support children and youth throughout their healing journey from pre-placement through aftercare
- Provide variable lengths of stay to support individualized needs, including 30-45 day assessment track or 3-12 month intensive treatment track
- Maximize treatment opportunities with a formal afterschool program and onsite Therapeutic Behavioral Services capabilities.

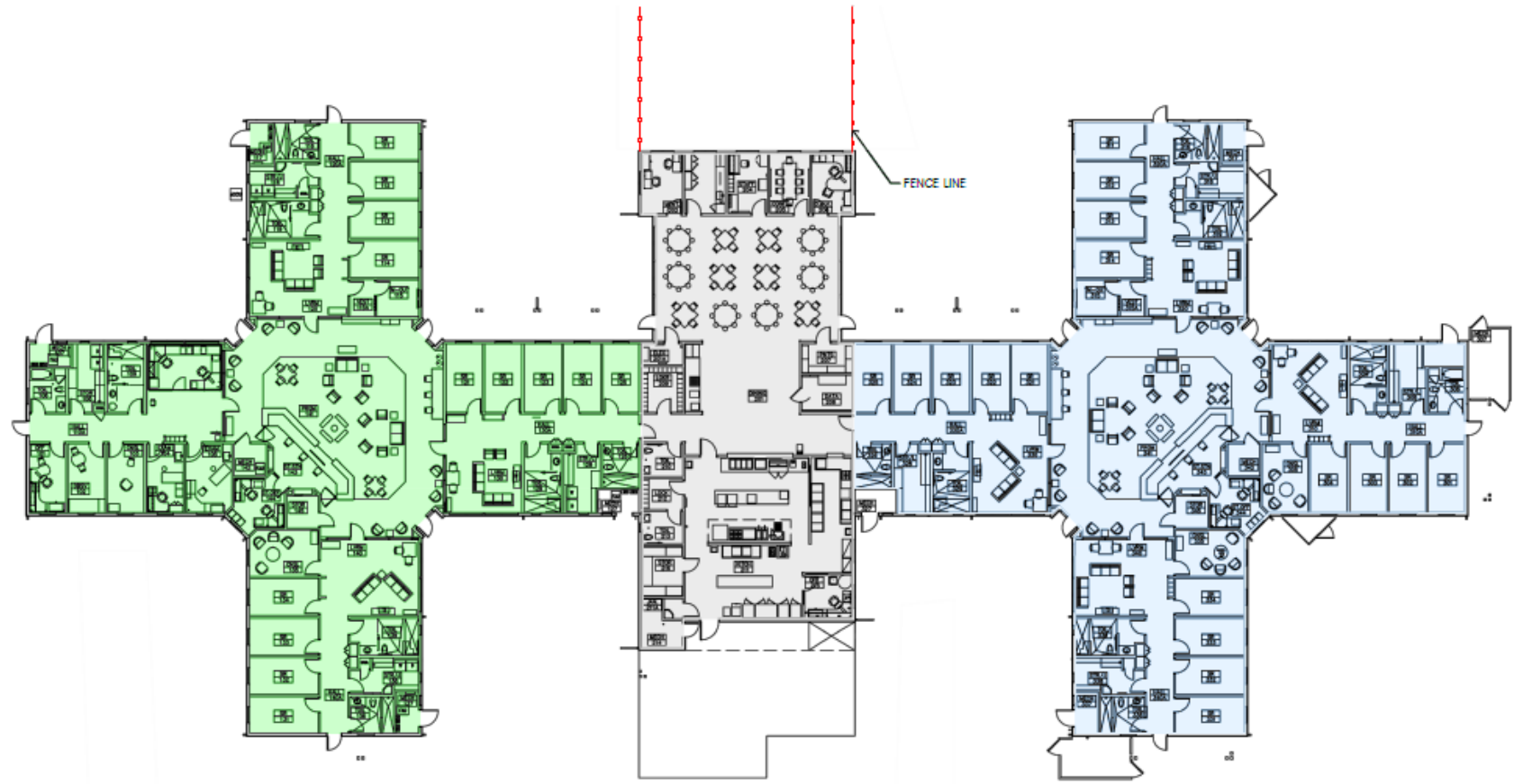
## Target Population

- Designed to serve Sonoma County youth and, if capacity allows, can extend to serving youth from surrounding counties.
- Youth ages 6-17 of any gender involved in the child welfare system and exhibiting signs and symptoms of trauma that interfere with placement in a family or independent living environment.
- History of abuse and/or neglect - may have had multiple placements, be at risk of losing current placement, experienced psychiatric crisis and/or hospitalization, be under juvenile justice supervision.




# Specialty Mental Health Services

- Assessment and Plan Development
- Individual, Family, and Group Therapy
  - Trauma-Focused Cognitive Behavioral Therapy, Dialectical Behavioral Therapy, Motivational Interviewing
- Individual and Group Rehabilitation
- Medication Support Services
- Targeted Case Management
- Intensive Care Coordination
- Crisis Support
  - Therapeutic Crisis Intervention
- Therapeutic Behavioral Services

# VMCC Physical Site



## LEGEND

-  SHORT TERM RESIDENTIAL
-  SHARED SERVICES
-  TEMPORARY SHELTER

NORTH



## FACILITY SKETCH PLAN- CHILDRENS CENTER

VALLEY OF THE MOON CHILDREN'S CENTER  
100 CHILDREN'S CIRCLE SANTA ROSA, CA

# Staffing

## HSD

- Residential Clinical Manager (1)
- Supervising Children's Residential Care Counselors (6)
- Children's Residential Care Counselors II (22)
- Social Worker II
- Psychiatrist (Contract)
- Supervising Accountant (.05)
- Accountant II (1)
- Accounting Technician (1)

## HSD

### *Staff Shared with Shelter*

- Chef (1)
- Senior Office Assistant (2)
- Residential Service Worker (4)
- Social Work Assistant
- Program Planning & Evaluation Analyst
- Dentist (Contract)
- Physician Assistant (.75)\*
- Staff Nurse II (1)\*

## DHS

- Behavioral Health Clinician (2)
- Physician Assistant (.75)\*
- Staff Nurse II (1)\*
- Clinical Support:
  - Health Program Manager
  - Behavioral Health Clinical Specialist
- Administrative Support:
  - Privacy Officer
  - Compliance Team
  - Quality Assurance Performance Improvement Team

# STRTP Requirements & Oversight

- State and federal regulations
  - California Code of Regulations, Title 22, Division 6, Chapter 5
  - STRTP Interim Licensing Standards Version IV (CDSS)
  - STRTP Interim Licensing Standards II (DHS)
  - Family First Prevention Services Act, Qualified Residential Treatment Program Standards
- CDSS Program and Operations Approval
- DHS Program and Operations Approval
- BH Program and Operations Approval
- Community Care Licensing
- Behavioral Health
  - Quality Assurance Performance Improvement
- National Accreditation – Council on Accreditation

# HSD & DHS Budget Projection

<b>FY 2024-2025</b>	<b>HSD</b>	<b>DHS</b>	<b>Subtotal</b>
<b>REVENUES</b>			
Federal Financial Participation	\$ 1,977,715	\$ 659,238	\$ 2,636,953
Measure-O	550,000		550,000
STRTP Base Rate (Foster Care Funding)	2,492,306		
<b>Subtotal of Revenues</b>	\$ 5,020,021	\$ 659,238	\$ 5,679,259
<b>EXPENSES</b>			
Payroll	\$ 6,629,499	\$731,831	\$ 7,361,330
Services & Supplies	1,021,952		1,021,952
Realignment			-
HSD 1991 Realignment	(2,131,431)		(2,131,431)
1991 Mental Health Realignment	(500,000)		(500,000)
<b>Subtotal of Expenses</b>	\$ 5,020,020	\$ 731,831	\$ 5,751,852
<b>NET COST</b>	\$ (0)	\$ 72,593	\$ 72,593