



County of Sonoma

State of California

Date: May 19, 2026

Item Number: _____

Resolution Number: _____

4/5 Vote Required

Resolution Of The Board Of Supervisors Of The County Of Sonoma, State Of California, Proclaiming May 2026 As Mental Health Matters Month In Sonoma County

Whereas, one in five American adults will experience a mental illness in a given year, yet mental illness remains one of the most misunderstood illnesses in our society;

Whereas, the stigma of mental illness deprives many people of the quality mental health services they need and deserve;

Whereas, mental health matters to those with mental health challenges and also has broad reaching impacts which greatly affect our communities and our entire society;

Whereas, focusing on mental health as a community raises awareness about mental health challenges and the importance of mental wellness for all; and

Whereas, Sonoma County's public mental health system annually serves over 15,000 individuals, helping to improve the lives of many families.

Now, Therefore, Be It Resolved that the Board of Supervisors of the County of Sonoma does hereby proclaim May 2026 as Mental Health Matters Month in Sonoma County, and encourages all Sonoma County residents, government agencies, public and private institutions, businesses, organizations, and schools to work toward the achievement of comprehensive, client driven, community mental health care for the benefit of all individuals.

Supervisors:

Rabbitt:

Coursey:

Gore:

Hopkins:

Hermosillo:

Ayes:

Noes:

Absent:

Abstain:

So Ordered.