

COUNTY OF SONOMA
Department of Health Services
Behavioral Health Division

Crisis Support



Crisis Support Services

+ 24-Hour Crisis Stabilization Unit

Resource Name	24-Hour Crisis Stabilization Unit (CSU)
Description	The Crisis Stabilization Unit (CSU) provides 24 hour-a-day, 7 day-a-week crisis intervention, assessment, medication support, and care for individuals in an acute mental health crisis. CSU may give referrals to crisis residential services or inpatient mental health facilities for those needing a higher level of psychiatric inpatient care.
Organization	Sonoma County Department of Health Services - Behavioral Health Division
Population Served	Anyone located in the County of Sonoma
Website	https://sonomacounty.gov/health-and-human-services/health-services/divisions/behavioral-health/services/crisis-services/crisis-stabilization-unit
Address	2225 Challenger Way, Santa Rosa, CA 95407
Phone Number	707-565-4970
Hours	24/7
Cost	Free
Language Services	Yes

+ 988 - Suicide Prevention Hotline

Resource Name	988 - Suicide Prevention Hotline
Description	988 Suicide & Crisis Lifeline is the national three-digit number for mental health, substance use and suicidal crises. Buckelew Programs Suicide Prevention program operates one of these 200 crisis call centers across the United States for anyone experiencing suicidal thoughts or any level of emotional distress 24/7.This resource also has a Veteran specific hotline for Veterans, service members, National Guard and Reserve members, and those who support them. To access this resource dial 988 and then the number 1.
Organization	Buckelew Programs
Population Served	Anyone nation wide needing crisis support.
Website	https://buckelew.org/services/suicide-prevention/
Address	N/A
Phone Number	Call or Text: 988 or the local Sonoma/Marin Lifeline at 855-587-6373. For Veterans, active service members or those who support them dial 988 and then 1.
Hours	24/7
Cost	Free
Language Services	Yes

+ CAPE (Crisis Assessment, Prevention & Education)

Resource Name	CAPE (Crisis Assessment, Prevention & Education)
Description	The CAPE Team provides select mental health and substance use services on-campus at designated high schools in Sonoma County. The CAPE team responds to mental health crisis at designated high schools in Sonoma County. On-campus screening, assessment, linkage and referral to mental health & substance use disorders treatment, substance use prevention and early intervention services, and education for students, school staff, and families about mental health and substance use disorders in youth.
Organization	Sonoma County Department of Health Services - Behavioral Health Division - Youth and Family Services
Population Served	Students in Sonoma County at designated schools.
Website	https://sonomacounty.gov/health-and-human-services/health-services/divisions/behavioral-health/services/mental-health-services/youth-services
Address	2227 Capricorn Way Suite 207. Santa Rosa, CA. 95407
Phone Number	Contact the High School Wellness Center for your child to be referred to CAPE.
Hours	Monday-Friday 8AM-4PM
Cost	Free
Language Services	Yes

+ Family Justice Center Sonoma County

Resource Name	Family Justice Center Sonoma County
Description	The Family Justice Center Sonoma County empowers family violence victims to live free from violence and abuse by providing support services to victims of violence, stalking, sexual assault, child abuse and elder abuse. Services include: Help with restraining orders and police reports, provides crisis intervention by offering emotional support and connects victims and survivors with supportive groups and therapy services.
Organization	Family Justice Center Sonoma County
Population Served	Victims and survivors of domestic violence, dating violence, elder abuse, child abuse and sexual assault for all residents of Sonoma County.
Website	https://fjcsc.org/
Address	2755 Mendocino Ave #100, Santa Rosa, CA 95403
Phone Number	707-565-8255
Hours	Monday-Friday 8:30AM-4:30PM
Cost	Free
Language Services	Yes

+ InRESPONSE: Santa Rosa Mental Health Support Team

Resource Name	InRESPONSE: Santa Rosa Mental Health Support Team
Description	InRESPONSE Mental Health Support Team responds to crisis calls in the City of Santa Rosa 24/7. The team is comprised of a licensed mental health clinician, a paramedic, a homeless outreach specialist, and supported by system navigators who provide follow-up support and connection to services. InRESPONSE is trained in de-escalation, interventions and mental health evaluations.
Organization	Collaboration between the City of Santa Rosa, Sonoma County Behavioral Health, Catholic Charities, and Buckelew.
Population Served	Anyone located in the city limits of Santa Rosa
Website	https://www.srcity.org/3627/inRESPONSE-Mental-Health-Support-Team
Address	N/A
Phone Number	707-575-4357 [707-575-HELP]
Hours	24/7
Cost	Free
Language Services	Yes

+ Mobile Support Team (MST) - Crisis Response

Resource Name	Mobile Support Team (MST) - Crisis Response
Description	Mobile Support Team (MST) provides rapid response, individual assessment, and community-based stabilization to address behavioral health crises that arise in the community. MST responds to calls county wide, 24 hours a day, 7 days a week. MST collaborates with the other local mobile crisis teams, such as inRESPONSE and SAFE Teams to provide complete coverage 24/7 through the county.
Organization	County of Sonoma Department of Health Services, 24-hour Emergency Mental Health Hotline
Population Served	Anyone located in the County of Sonoma
Website	https://sonomacounty.gov/health-and-human-services/health-services/divisions/behavioral-health/services/crisis-services/mobile-crisis-services
Address	N/A
Phone Number	800-746-8181
Hours	24/7
Cost	Free
Language Services	Yes

+ Redemption House of the Bay Area - 24 Hour Helpline for Human Trafficking

Resource Name	Redemption House of the Bay Area - 24 Hour Helpline for Human Trafficking
Description	Redemption House is a multifaceted program established to assist survivors of human trafficking in getting back to a functional, productive, and healthy lifestyle.
Organization	Redemption House of the Bay Area
Population Served	Survivors and Victims of Human Trafficking in Sonoma County.
Website	https://redemptionhouseofthebayarea.org/
Address	328 S E Street Santa Rosa, CA 95404
Phone Number	24/7 Helpline: (707) 697-2009
Hours	24/7
Cost	Free
Language Services	Yes

+ SAFE Team - Crisis Response Cotati, Rohnert Park, Petaluma and Sonoma State

University Students

Resource Name	SAFE Team - Crisis Response Cotati, Rohnert Park, Petaluma and Sonoma State University Students
Description	SAFE (Specialized Assistance for Everyone) team provides crisis response, prevention and intervention by responding 24/7/365 within the city limits of Cotati, Rohnert Park and Petaluma, and also to Sonoma State University students on- or off-campus.
Organization	Petaluma People Services Center
Population Served	Anyone located in city limits of Cotati, Rohnert Park and Petaluma, and also to Sonoma State University students on- or off-campus.
Website	https://petalumapeople.org/safe
Address	N/A
Phone Number	Cotati/SSU: 707-792-4611 Rohnert Park: 707-584-2612 Petaluma: 707-781-1234
Hours	24/7
Cost	Free
Language Services	Yes

Sonoma County Adult Protective Services Hotline (APS)

Resource Name	Sonoma County Adult Protective Services Hotline (APS)
Description	APS responds to reports of suspected abuse, neglect or self-neglect, of adults age 60+ or dependent adults with disabilities ages 18-59. APS assesses needs to develop a service plan to maintain safety, health and independence as much as possible.
Organization	County of Sonoma Human Services Department, Adult and Aging Division, Adult Protective Services (APS)
Population Served	Anyone can make a report. Adult Protective Services (APS) accepts and investigates reports of suspected abuse or neglect involving older adults age 60+ and adults with disabilities ages 18- 59. Services are provided to seniors (age 60 and older) or dependent adults (age 18-59)
Website	https://sonomacounty.gov/health-and-human-services/human-services/older-adults-people-with-disabilities/prevention-protection-safety/adult-protective-services
Address	3725 Westwind Blvd, Santa Rosa, CA 95403
Phone Number	(707) 565-5940 or (800) 667-0404
Hours	24/7 reporting hotline
Cost	Free
Language Services	Yes

Sonoma County Child Protective Services Hotline (CPS)

Resource Name	Sonoma County Child Protective Services Hotline (CPS)
Description	Sonoma County’s Family, Youth & Children’s Services responds to reports of child abuse or neglect. Any individual can call our hotline to report any suspected child abuse. All reports are confidential.
Organization	County of Sonoma Human Services Department, Family, Youth, and Children Division (CPS)
Population Served	Anyone can make a report. Services provided to youth under age 18 and their families.
Website	https://sonomacounty.gov/health-and-human-services/human-services/children-families/preventing-and-reporting-child-abuse-and-neglect/report-hotline-and-resources
Address	1202 Apollo Way, Santa Rosa, CA 95407
Phone Number	(707) 565-4304 or (800) 870-7064.
Hours	24/7 reporting hotline
Cost	Free
Language Services	Yes

Trans Lifeline - Crisis Support Hotline

Resource Name	Trans Lifeline - Crisis Support Hotline
Description	Trans Lifeline is a grassroots hotline and non-profit organization offering direct emotional and financial support to trans people in crisis – for the trans community, by the trans community.
Organization	Trans Lifeline
Population Served	Trans community nationwide
Website	translifeline.org
Address	Mailing address: 548 Market St., PMB 15337 San Francisco, CA 94104-5401
Phone Number	707-582-1227/877-565-8860
Hours	Monday-Friday 10AM-6PM
Cost	Free
Language Services	Yes

Verity: 24 Hour Crisis Line, Sexual Assault Prevention, Intervention & Healing Center

Resource Name	Verity: 24 Hour Crisis Line, Sexual Assault Prevention, Intervention & Healing Center
Description	Verity aims to eliminate sexual assault and human trafficking in Sonoma County through prevention and education, and to support survivors of sexual violence through intervention and healing. Provides confidential counseling, emergency assistance, and information and referrals. Helps 24 hours a day, 365 days a year. Provides trained, compassionate, California State Certified Sexual Assault Victim Counselors.
Organization	Verity: Sonoma County's Sexual Assault Prevention, Intervention & Healing Center
Population Served	Verity serves all individuals in Sonoma County who have been affected by sexual violence, including survivors of sexual assault, abuse, harassment, and human trafficking. They support survivors of all ages, genders, and backgrounds, as well as their families and loved ones.
Website	https://www.ourverity.org/
Address	1311 W Steele Ln, Santa Rosa, CA 95403
Phone Number	24 Hour Support Crisis Line: 707-545-7273 Office: 707-545-7270
Hours	Monday-Friday 9AM-5PM; Crisis Line available 24/7.
Cost	Free
Language Services	Yes

YWCA of Sonoma County - 24/7 Crisis Hotline for victims of domestic violence

Resource Name	YWCA of Sonoma County - 24/7 Crisis Hotline for victims of domestic violence
Description	YWCA operates the a 24/7 Crisis Hotline for victims of domestic violence in need of emergency shelter, advocacy, resources and counseling support.
Organization	YWCA USA
Population Served	YWCA provides services to those in emergency domestic violence situations as well as those in general need of resources. All services are available to women, men and children regardless of sexual orientation and services are conducted in a safe and confidential environment.
Website	https://www.ywcasc.org/
Address	PO Box 3506, Santa Rosa, CA 95402
Phone Number	(707) 546-1234
Hours	24/7
Cost	Free
Language Services	Yes

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