

Mental Health Awareness Month

Community Calendar May 2025

May 1, 2025

@ 1:00 pm to 4:00 pm

Creating Environments of Peace

Mental Health Awareness Month Kickoff

- **Time:** 1:00 pm to 4:00 pm
- **Where:** Glaser Center
547 Mendocino Ave, Santa Rosa, CA 95401
- Free and Open to the Public!
- **Register** at <https://www.eventbrite.com/e/creating-environments-of-peace-mental-health-month-kickoff-tickets-1303346296859?aff=oddtcreator> or email michael.reynolds@westcountyservices.org

May 2, 2025

@ 12:30 pm to 2:00 pm

NAMI Tabling: 2025 Wellness Fair

- **Time:** 12:30 pm - 2:00 pm
- **Where:** Maria Carillo High School, Santa Rosa
- **Contact:** Molly Scott, Wellness Coach moscott@srcs.k12.ca.us

May 6, 2025

@ 3:00 pm to 5:00 pm

Virtual LEAP Training with Dr. Javier amador – Mental Illness, Relationships & Recovery

- **Organizer:** LEAP Institute
- **Time:** 3:00 pm to 5:00 pm
- **Where:** Virtual
- **Register:** https://events.zoom.us/j/Ankvuib0WxZfx-cmcHqeT8Ue6neccXxebHgYmGpZ34iwTFdR6gsx~AsEPjLBnFZJ_Uulo25bBekguutRJCfASDqtrlx1pBE9XjTmJHJb37C4OSQ
- Prices vary

For questions, email: mhsa@sonoma-county.org
Check out the Sonoma County's interactive Behavioral Health Map
<https://sonomacounty.ca.gov/health-and-human-services/health-services/divisions/behavioral-health/resource-map>

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May 8, 2025

@ 11:15 am to 1:15 pm

NAMI Tabling: 2025 Wellness Resource Fair

- **Organizer:** Piner High School, Santa Rosa
- **Time:** 11:15 am to 1:15 pm
- **Contact:** Karol Ramirez, Counselor kramirez@srcs.k12.ca.us

May 8, 2025

@ 4:45 pm to 5:30 pm

Webinar: Living with Tardive Dyskinesia: A Look at the Impact

- **Organizer:** NAMI Sonoma County
- **Time:** 4:45 pm to 5:30 pm
- **Where:** Zoom link to be provided
- **Contact:** Nick Fierro nfierro@namisoco.org

May 10, 2025

@ 8:00 am to 2:00 pm

Bike + Hike 4 Buckelew

- **Organizer:** Miwok Meadows, China C amp State Park
- **Time:** 8:00 am – 2:00 pm
- **Register:** <https://bucklelew.org/bike4bucklelewregister/>
- **Flier:** <https://bucklelew.org/bike4bucklelew/>

May 12, 2025

@ 4:00 pm to 6:00 pm

Family Support Group & Potluck

- **Organizer:** Buckelew Programs' Family Service Coordination Team
- **Time:** 4:00 pm to 6:00 pm
- **Where:** Buckelew Office
2235 Mercury Way Suite 107 Santa Rosa, CA 95407
- **Registration is not required.** This is a free and confidential support group
- **Contact info:** Family Service Coordination Team at 707-571-8452 or by email: Fsc@Bucklelew.org

For questions, email: mhsa@sonoma-county.org
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May 14, 2025

@ 4:00 pm to 5:30 pm

Presentation: Wednesdays at Hospice Community Education Series, featuring NAMI Sonoma County

- **Organizer:** Providence Hospice Sonoma County
- **Time:** 5:30 pm to 6:30 pm
- **Where:** Zoom link to be provided
- **Contact:** 707-778-6264 or 707-568-1094

May 15, 2025

@ 4:00 pm to 5:30 pm

Question, Persuade, Refer (QPR) Suicide Prevention Training in English and Spanish

- **Time:** 4:00 pm to 5:30 pm
- **Where:** 5340 Skylane Blvd, Santa Rosa, CA 95403
- **Contact:** Rebekah Pope 707-595-0205 or email: rpope@scoe.org
- **Registration:**
<https://docs.google.com/forms/d/e/1FAIpQLSdAPHmJmyJDlw2uXbt7n8jVtmX5l4bH04NGeh8qeb0CG5sOaA/viewform?pli=1>
- **Flier:**
<https://drive.google.com/file/d/1Tmels0kbulO2kTN86W3ZFJDqL6nghWC4/view>

May 15, 2025

@ 5:45 pm to 7:15 pm

Film Screening & Youth Panel Angst, a movie on Anxiety for Parents and Teens

- **Organizer:** NAMI Sonoma County Youth Advisory Board
- **Time:** 5:45 pm to 7:15 pm
- **Where:** Rialto Cinemas in Sebastopol, CA
- **Contact:** Hana Casita, hcasita@namisoco.org

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May 16, 2025

@ 2:00 pm to 4:00 pm

Community Partner Connections (CPC) Provider Potluck

- **Organizer:** Buckelew Programs' Family Service Coordination Team
- **Time:** 2:00 pm to 4:00 pm
- **Where:** 2235 Mercury Way Suite 107 Santa Rosa, CA 95407
- **Registration:** RSVP *encouraged* but not required
- **Contact:** MarisabelM@Buckelew.org or 707-513-5135

May 16, 2025

@ 3:00 pm to 8:00 pm

Visual Voices Art Exhibit and Gala

- **Time:** 3:00 pm to 8:00 pm
- **Where:** Arlene Francis Center
99 6th Street, Santa Rosa, CA 95401
- **Registration is not required**
- **Contact:** Michael Reynolds michael.reynolds@westcountyservices.org
- **Free and Open to the Public**

May 17, 2025

@ 12:00 pm to 3:00 pm

Tabling: Stomp the Stigma

- **Organizer:** Latino Service Providers
- **Time:** 12:00 pm to 3:00 pm
- **Where:** Windsor Town Green
- **Contact:** Angie Avalos, Bilingual Resource Specialist
aavalos@latinoserviceproviders.org

May 24, 2025

@ 8:30 am to 1:00 pm

Tabling: Santa Rosa Farmer's Market

- **Organizer:** Santa Rosa Original Certified Farmers Market with Petaluma Bounty/Farmers Market
- **Time:** 8:30 am to 1:00 pm
- **Where:** Luther Burbank Center, Santa Rosa, CA
- **Contact:** Pegi Ball, Market Manager pegi@thesantarosafarmersmarket.com

For questions, email: mhsa@sonoma-county.org

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May 29, 2025

@ 12:00 pm to 3:00 pm

Brunch with Buckelew

- **Organizer:** Buckelew Programs' Family Service Coordination Team
- **Time:** 11 am-1 pm @ Buckelew Office
- **Where:** 2235 Mercury Way Suite 107 Santa Rosa, CA 95407
- **Registration is not required.** Free and open to Buckelew clients and their families and allies.
- **Contact:** 707-571-8452 or FSC@Buckelew.org

May 30, 2025

@ 3:00 pm to 6:00 pm

VOICES Community BBQ

- **Time:** 3:00 pm to 6:00 pm
- **Where:** 714 Mendocino Ave, Santa Rosa, CA
- **Registration is not required.**
- **Contact:** 707-579-4327 or Lauren@voicesyouthcenter.org

For questions, email: mhsa@sonoma-county.org
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