



County of Sonoma

State of California

Date: April 14, 2026

Item Number: _____

Resolution Number: _____

4/5 Vote Required

Resolution of the Board of Supervisors of the County of Sonoma, State of California, Recognizing April as Cushing's Disease Awareness Month

Whereas, Cushing's Disease is a rare and often misunderstood endocrine disorder caused by prolonged exposure to high levels of cortisol, significantly impacting physical, emotional, and mental well-being; and

Whereas, Cushing's Disease is a rare but serious endocrine disorder caused by prolonged exposure to high levels of cortisol, often due to a pituitary tumor, and can have life-altering and potentially life-threatening effects if left untreated; and

Whereas, individuals living with Cushing's Disease often endure a long, painful, and deeply isolating journey to diagnosis—frequently facing years of misdiagnosis, delayed answers, or being dismissed—while struggling with a wide range of debilitating symptoms, including rapid weight gain, extreme fatigue, chronic pain, muscle weakness, high blood pressure, diabetes, anxiety, depression, and other serious health complications that profoundly affect their quality of life; and

Whereas, behind every diagnosis is a person—a neighbor, friend, family member, or colleague—whose life has been profoundly affected, requiring strength, resilience, and perseverance in the face of uncertainty; and

Whereas, for many, simply being heard, believed, and properly diagnosed can be life-changing, underscoring the importance of awareness, education, and compassionate care within our medical and broader community; and

Whereas, early diagnosis and appropriate treatment are critical to improving outcomes, reducing long-term health impacts, and enhancing quality of life for those affected; and

Whereas, increased awareness and education among healthcare providers, patients, and the community can lead to earlier diagnosis, improved treatment, and stronger support systems for individuals and families impacted by this disease; and

Whereas, those living with Cushing’s Disease—often referred to as “Cushies”—demonstrate extraordinary resilience, strength, and courage in the face of physical, emotional, and financial challenges; and

Whereas, advocacy organizations, patients, caregivers, and medical professionals across the nation work tirelessly to raise awareness, support research, and provide resources for those impacted by Cushing’s Disease; and

Whereas, recognizing Cushing’s Disease Awareness Month provides an opportunity to uplift these voices, share their stories, and foster a more informed and compassionate community; and

Whereas, recognizing April as Cushing’s Disease Awareness Month provides an opportunity to amplify education, encourage community support, and promote early detection and treatment.

Now, Therefore, Be It Resolved, that the Board of Supervisors of the County of Sonoma, State of California hereby proclaims the month of April as “**Cushing’s Disease Awareness Month**” in Sonoma County, and encourages all residents to learn more about this condition, support those affected, and help raise awareness throughout the community.

Be It Further Resolved, that the County encourages residents, healthcare professionals, and community organizations to increase awareness of Cushing’s Disease, learn its symptoms, and support those affected by this condition; together, through awareness, compassion, and action, we can help ensure that no one faces Cushing’s Disease alone.

Supervisors:

Rabbitt:	Coursey:	Gore:	Hopkins:	Hermosillo:
Ayes:	Noes:	Absent:	Abstain:	

So Ordered.