



County of Sonoma
State of California

Date: May 21, 2019

Item Number: _____
Resolution Number: _____

4/5 Vote Required

**Resolution of the Board of Supervisors of the County of Sonoma, State of California,
Proclaiming May 2019 as Mental Health Matters Month in Sonoma County**

Whereas, one in five adults will experience a mental health disorder at some point in their life, yet mental illness remains one of the most misunderstood illnesses in our society;

Whereas, the stigma of mental illness deprives many people of the quality mental health services they need and deserve;

Whereas, mental health not only concerns those with mental illness, but also has broad reaching impacts which greatly affect our communities and our entire society;

Whereas, focusing on mental health as a community raises awareness about mental illness and the importance of mental wellness for all; and

Whereas, Sonoma County's public mental health system annually serves over 15,000 individuals, helping to improve the lives of many families.

Now, Therefore, Be It Resolved that the Board of Supervisors of the County of Sonoma does hereby proclaim May 2019 as Mental Health Matters Month in Sonoma County, and encourages all Sonoma County residents, government agencies, public and private institutions, businesses, organizations, and schools to work toward the achievement of comprehensive, consumer-driven, community mental health care for the benefit of all individuals.

Supervisors:

Gorin: Zane: Gore: Hopkins: Rabbitt:
Ayes: Noes: Absent: Abstain:

So Ordered.